

Monthly Face Value Rs. 08=00 - Yearly Face Value Rs. 96=00

AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902

AMA House, First Floor, Opp. H. K. Arts College,

Ashram Road, Ahmedabad - 380009 Phone : (079) 26588775

AHMEDABAD MEDICO NEWS



MEDICINE

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ISSUE - 3

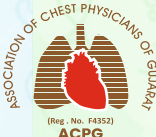
Dr. TUSHAR PATEL
President - AMA



Dr. URVESH SHAH
Hon. Secretary AMA

Imm. Past President - Dr. JITENDRA SHAH

Please Save Mob, No: **97268 88775** of AMA to get regular updates



Associate Partners

ASHRAICON²⁰²⁴

Allergy, Sleep Health, Respiratory And
Intensive Care Conference

Conference Venue

TAJ SKYLINE, AHMEDABAD

Sankalp Square III, Opp. Saket 3,
Sindhuhavan Road, Nr. Neelkanth Green,
Shilaj, Ahmedabad.



SIMULATION BASED MASTERCLASS ON SHOCK MANAGEMENT

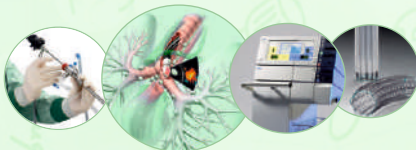
Workshop Venue

KD HOSPITAL, AHMEDABAD

Vaishnodevi Circle,
SG Highway, Ahmedabad.



INTERVENTIONAL PULMONOLOGY WORKSHOP



For Registration Scan Here

Organizing Chairman **Organizing Secretary**

Dr. Mukesh Patel

Dr. Tushar Patel

Scientific Chairman

Dr. Harjit Dumra

Conference Directors

Dr. Pradip Dabhi | Dr. Mansi Dandnaik

Conference Coordinators

Dr. Dhaval Darji

Dr. Rajan Patel

Dr. Rushi Desai

Dr. Chintan Shah

Workshop Fees

D.₹ 500 | PG.₹ 300

Workshop + Conference

D.₹ 1200 | PG.₹ 700

Conference Fees

D.₹ 1000 | PG.₹ 500

Delegate (D) | PG Student (PG.)





**GOOD
NEWS**
IS HERE!!

MAYFLOWER WOMEN'S HOSPITAL

IS NOW AT BOPAL



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yrs of experience



1 lakh+

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FOCUSED & DEDICATED TO WORLD CLASS GASTROENTEROLOGY PATIENT CARE



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30 bedded hospital with state-of-the-art facilities

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- In house Pathology Services
- In-house Radiology Services
- In-house Pharmacy Services
- In-house food screening by dietician
- Dormitory for relatives.

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- Endoscopy
- ERCP
- Cholangioscopy
- Endoscopic Ultrasound
- Bariatric Endoscopy
- GI Physiology
- Enteroscopy
- Fibro Scan

Call for Appointment: 9662757348, 079-26443888, 26443999

Dedicated to Gastroenterology

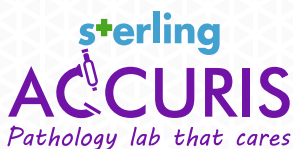


Noble Institute of Gastroenterology

Shaival Imperia, 4,5,6th Floor,
Opp. Nalanda Hotel, Mithakhali Six Roads,
Mithakhali, Ahmedabad-380 009.

Emergency: 9537916281, 8849183567





Comprehensive Hepatitis Tests

Autoimmune Liver Disease Profile IFA

Antinuclear Antibody
Anti Smooth Muscle Antibody
Anti LKM1 Antibodies
Anti Mitochondrial Antibody

Autoimmune Hepatitis Panel

M2/Npdc	LKM1 ANTIBODY
M2/Ogdc-E2	LKM1 Antibody
M2/Bcoadc-E2	LC1
M2/Pdc-E2	SLA
Gp210 Ab	F-Actin Ab
Sp100 Ab	

Wilson disease related tests

Copper Level - Serum
Copper, 24 Hour & Spot Urine
ATP3B Genetic analysis

**Viral Hepatitis Tests are
also available.**

Connect with us at
812 813 0000



WhatsApp (send "Hi") 812 813 0000





Message From President & Hon. Secretary



Dear members,

As we move into the month of August, we are reminded of the incredible progress and resilience we have demonstrated throughout the year. Firstly, we would like to extend our heartfelt thanks to everyone who participated in our events and initiatives. Your active involvement and collaboration are what drive the success of our association. From our on-going CMEs & scientific programs to community health outreach programs, your efforts have made a tangible impact.

As we know, health care system & especially medical education is passing through very tough time at present. Integrity of entrance examination for undergraduate medical education was questioned profoundly; & hence, entrance examination for PG was also affected. At the same time, increasing in fees for MBBS also raised a great concern. We strongly believe that, these both the things would significantly affect quality of healthcare services in future. IMA has raised the voice & strongly recommended the concerned authorities to revisit in these matters. **Mitt Romney**, a well-known American lawyer quoted, **“You can't continue to have higher education tuition grow at a multiple of the rate of inflation.”**



We will like to quote here,

“At the end of the day, you can't control the results; you can only control your effort level and your focus.” - Ben Zobrist

As we continue to navigate the challenges and opportunities in the medical field, I am confident that our collective efforts will lead to meaningful progress. Together, we can advance our mission of promoting excellence in healthcare and improving patient outcomes.

Your feedback is vital to the continuous improvement of our association. We welcome any suggestions or ideas you may have to enhance our programs and services.

AMA Annual day celebration is approaching. I encourage all members to join it to recognize outstanding members of our association.

Thank you for your unwavering commitment and support. We look forward to working with all of you in the coming month and beyond.

Warm regards,

Happy Monsoon !!!

Jai AMA



Jai IMA

Dr. Tushar Patel
President

Dr. Urvesh Shah
Hon. Secretary

Ahmedabad Medical Association



15th August - Independence Day



This Independence Day,

Let's unite to

EDUCATE & EMPOWER

the fight against Cancer.



 **Flag Hoisting Ceremony & Cancer Awareness Program** | **15th Aug. 2024**

All members are invited to join celebration



08:00 am - 10:00 am



**Ahmedabad Medical Association Hall,
AMA, Near Natraj Theatre, Ashram Road,
Ahmedabad**

Dr. TUSHAR PATEL

President, AMA

Dr. URVESH SHAH

Hon. Secretary, AMA



Ahmedabad Medical Association
(Branch of Indian Medical Association)



ANNUAL DAY CELEBRATION



Aug 18-2024
Sunday



09:00am
onwards



AMA House,
Ashram Road



CHIEF GUEST

Shri Abhay Chudasma (IPS)



GUEST OF HONOR

Shri Manoj Joshi (Actor)



Dr. Bharat Dave

Dr. B. N. Mehta
Oration Award



Dr. Parimal Desai

Mr. Indravadan Ochhavlal
Dani Lifetime
Achievement Award



Dr. Kirit Gadhvi

Dr. Babalal Parikh Family
Physician Lifetime Award



Dr. Kusum V Shah

Mrs. Dinaben Sanghavi
Excellence in Socio-Medical
Field By A Lady Doctor



Dr. Sapan Pandya

Late Dr. Piyush Patel Award Of
Excellence in Medical Field



Dr. Amit Mishra



Dr. Pankaj Doshi

Late Dr. Ashok D Kanodia Awards
For Service to Society & Mankind



Dr. Maulin Patel

Many more awards & medals would be conferred.

All members are invited to join.

The event will be followed by lunch

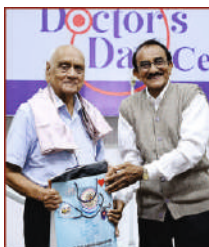
Dr. Tushar Patel
President

Dr. Urvesh Shah
Hon. Secretary





DOCTOR'S DAY CELEBRATION 1ST JULY 2024





DOCTOR'S DAY CELEBRATION 1ST JULY 2024





DOCTOR'S DAY CELEBRATION 1ST JULY 2024





DOCTOR'S DAY CELEBRATION 1ST JULY 2024





KARAOKE NIGHT 13 JULY 2024





KARAOKE NIGHT 13 JULY 2024





KARAOKE NIGHT 13 JULY 2024



LIFE TIME ACHIEVEMENT AWARD PRESENTED TO DR. BHARAT SONI AT THE TIME OF ASSOCIATION OF CHEST PHYSICIAN GUJARAT CONFERENCE



LIVUP 2024 AT HYATT VASTRAPUR, AHMEDABAD ON 29TH JUNE 2024





AAO GAON CHALEN - JUNE 2024



LADIES CLUB ACTIVITIES





HEALTHCARE OWNERS CONCLAVE (H.O.CON) AT CLUB 07 ON 6TH JULY 2024



INTERNATIONAL YOGA DAY AT SAL HOSPITAL CAMPUS ON 21ST JUNE 2024





A.M.A. BULLETIN INDEX

Content	Page No.
» Message From President & Hon. Secretary Desk	6-7
» 122st Annual Day Celebration	8
» 15th August Independence day Celebration	9
» AMA Programmes Photos	10-19
» AMA & NFSU Programme	21
» Annual Ellection 2024-2025	22-23
» Scientific Programme	24
» AMA Senior Citizen Club Programme	25-26
» AMA FBS Notice	27
» Reports of Programmes	28-30
» New Life Members	31
» AMA Ladies Club	32
» Rates for Advertisement	33
» AMA Hall Donation and Deposit Chart	34
» Articles	43-55
» Advertisements	56-58

**AHMEDABAD MEDICAL ASSOCIATION YEAR : 2023-2024****OFFICE BEARER****PRESIDENT****Dr. TUSHAR BHAGAVATPRASAD PATEL**

9825082672

VICE PRESIDENT**Dr. RAMESH ISHWARLAL PATEL**

9426495264

Dr. MUKESH AMBALAL MAHESHWARI

9825174671

HON. FINANCE SECRETARY**Dr. ROHAN PIYUSHKUMAR CHRISTIAN**

8866125201

HON. SECRETARY**Dr. URVESH VIPINCHANDRA SHAH**

9228233441

HON. JOINT. SECRETARY**Dr. KALPITA MANISHKUMAR DAVE**

9924558450

Dr. RAJESH MOTIBHAI DESAI

9925193399

HON. LIB. SECRETARY**Dr. RUTVIJ BHARATBHAI PARIKH**

9898097604

IMM. PAST PRESIDENT**Dr. JITENDRA HARGOVANDAS SHAH**

9824022362

MANAGING COMMITTEE MEMBERS**P.G.****Dr. VISHVAS KIRITBHAI AMIN**

9825556359

Dr. KUNTAL HARSHADBHAI GAJJAR

9825087821

Dr. ALPA ATULBHAI GANDHI

9825065061

Dr. YOGESH ANJANIKUMAR GUPTA

9925006256

Dr. ARPIT CHELABHAI PRAJAPATI

9978537231

Dr. BIPIN JIVANBHAI PATEL

9925024474

Dr. MANSI JITENDRABHAI PATEL

9725114940

Dr. PINAKIN SURESHBHAI PATEL

7045546896

Dr. GOPAL JITENDRABHAI RAVAL

9879366026

Dr. BHADRESH ARVINDBHAI SHAH

9825288988

Dr. ANIKET SHAILENDRABHAI TRIPATHI

9998722345

Dr. MONIKA BHAVESHBHAI VYAS

9925039149

OTHER THAN P.G.**Dr. DHANANJAYSINH ANIRUDHSINH GOHIL**

7698554566

Dr. MAHESH RATILAL JIVRANI

9825343198

Dr. MUKESHBHAI AMBALAL KHADALIA

9879314410

Dr. HITENDRAKUMAR JAYANTILAL NAYAK

6351165535

Dr. ARVINDKUMAR TRIKAMLAL PANCHAL

9825846300

Dr. HETAL KAPILBHAI PANDYA

9428813460

Dr. HITENDRA MAGHABHAI PARIKH

9426027986

Dr. KHUSH KALPESHBHAI PATEL

9586021482

Dr. MAHESHKUMAR AMBALAL PATEL

9879495551

Dr. PIYUSH BHOGILAL SHETH

6353852205

Dr. PURAV ASHOKKUMAR THAKKAR

9925082878

Dr. IMTIYAZ GULAMBHAI VOHRA

9426324247

BULLETIN COMMITTEE**Dr. TUSHAR PATEL****Dr. URVESH SHAH****Dr. RAJESH DESAI****Dr. RUTVIJ PARIKH****Dr. BIPIN PATEL****Dr. ARPIT PRAJAPATI****Dr. YOGESH GUPTA****Dr. ASHISH BHOJAK****Dr. NIDHI BHATNAGAR****Dr. AMIT PRAJAPATI****Dr. ANISH JOSHI****Dr. ABHAY DIXIT****Dr. K. R. SANGHAVI****DR. ATUL GANDHI**



**Ahmedabad Medical Association
&
National Forensic Science University**



**National Forensic
Sciences University**
Knowledge • Wisdom • Fairness
An Institution of National Importance
(Statute of 1996, Act of 1996)

**Present
A symposium
On
Emergency Toxicology: Building Bridges
Between Medicine and Forensics**

Date : 10/08/2024, Saturday

Time : 12.30 pm onwards

Venue : IGH Banquet Hall, NFSU, Gandhinagar

Programme Schedule

- 12.30 PM to 1.00 PM : Registration of the participants
1:00 PM : Lunch
2:00 PM : Felicitation of the guests
02.15 PM : Welcome address by Campus
Director Prof. (Dr.) S. O. Junare
02.30 PM : Address by Dr. Tushar Patel,
President AMA
03.00 PM : Introduction to Randox Evidence
investigator
03.30 PM : Address by Dr. R. K. Patel
04:00 P : Address by Hon'ble Vice Chancellor,
NFSU
04:30 PM : Closing and feedback
04:35 PM : Visit to the State of Art facilities

Dr. Tushar Patel

AMA President

Dr. Urvesh Shah

AMA Hon. Secretary



AHMEDABAD MEDICAL ASSOCIATION



ANNUAL ELECTION 2024 - 2025

**AMA OFFICE HAS RECEIVED
FOLLOWING VALID
NOMINATION FORMS**

**All Members elected uncontested
so there is no election on 04-08-2024**

PRESIDENT [ONE POST]

- | | |
|--------------------------------------|----------------------------|
| 1. DR. MEHTA DHIREN RAMNIKLAL | ELECTED UNCONTESTED |
|--------------------------------------|----------------------------|

VICE - PRESIDENT [TWO POSTS]

- | | |
|------------------------------------------|----------------------------|
| 1. DR. MAHESHWARI MUKESH AMBALAL | ELECTED UNCONTESTED |
| 2. DR. DHARAIYA NISARG DILIPKUMAR | ELECTED UNCONTESTED |

HON. JOINT SECRETARY [TWO POSTS]

- | | |
|-------------------------------------|----------------------------|
| 1. DR. GANDHI ALPA ATULBHAI | ELECTED UNCONTESTED |
| 2. DR. PATEL BIPIN JIVANBHAI | ELECTED UNCONTESTED |

HON. LIBRARY SECRETARY [ONE POST]

- | | |
|-----------------------------------------|----------------------------|
| 1. DR. SHAH HETALBHAI GUNVANTLAL | ELECTED UNCONTESTED |
|-----------------------------------------|----------------------------|

**MANAGING COMM.MEMBERS P.G. [TWELVE POSTS]**

1	DR. BHAGAT PURVI RAJ	ELECTED UNCONTESTED
2	DR. DALWADI DIVYANG BABUBHAI	ELECTED UNCONTESTED
3	DR. GUPTA ADITYA MAHESHBHAI	ELECTED UNCONTESTED
4	DR. GUPTA YOGESH ANJANIKUMAR	ELECTED UNCONTESTED
5	DR. NAIK DHAVAL DINKERRAI	ELECTED UNCONTESTED
6	DR. NINAMA MANISH LALSINGHBHAI	ELECTED UNCONTESTED
7	DR. PATEL NIRALI RUSHI	ELECTED UNCONTESTED
8	DR. PATEL SUNIL CHHABILDAS	ELECTED UNCONTESTED
9	DR. PRAJAPATI ARPIT CHELABHAI	ELECTED UNCONTESTED
10	DR. SHAH BHADRESH ARVINDBHAI	ELECTED UNCONTESTED
11	DR. SHRIMALI GAURISHANKER PASHABHAI	ELECTED UNCONTESTED
12	DR. TRIPATHI ANIKET SHAILENDRABHAI	ELECTED UNCONTESTED

MANAGING COMM. MEMBERS - [Other than P.G.] [TWELVE POSTS]

1	DR. DESAI JIGNESH JASHVANTLAL	ELECTED UNCONTESTED
2	DR. GOHIL DHANANJAYSINH ANIRUDHSINH	ELECTED UNCONTESTED
3	DR. KHADALIA MUKESHBHAI AMBALAL	ELECTED UNCONTESTED
4	DR. KHAMAR VIRAL ISHAWARLAL	ELECTED UNCONTESTED
5	DR. NARWARIA SHILPA MAHENDRABHAI	ELECTED UNCONTESTED
6	DR. NAYAK HITENDRAKUMAR JAYANTILAL	ELECTED UNCONTESTED
7	DR. PANDYA JINEN KETANBHAI	ELECTED UNCONTESTED
8	DR. PARMAR PUNAMCHAND MULCHAND	ELECTED UNCONTESTED
9	DR. SHAH PRATIK VIJAYKUMAR	ELECTED UNCONTESTED
10	DR. SHETH PIYUSH BHOGILAL	ELECTED UNCONTESTED
11	DR. THAKKAR PURAV ASHOKKUMAR	ELECTED UNCONTESTED
12	DR. VOHRA IMTIYAZ GULAMBHAI	ELECTED UNCONTESTED

DR. TUSHAR B. PATEL

Chairman

DR. URVESH V. SHAH

Returning Officer

DR. KIRTIBHAI M. PATEL

Member

DR. SHAILENDRA N. VORA

Member

Dt. 15-07-2024**Election Committee**



Dr. Maneklal G. Pandejee & Smt. Hiraben Maneklal Pandejee Scientific Programme

AMA in association with IMA HQ & Dr Reddy's
lab organises scientific updates on headache

Date : 3rd August 2024, Saturday

Time : 1.00 pm to 4.00 pm

Venue : Ahmedabad Medical Association, Ashram Road.

Highlights:

1. Decoding Headache Management
2. A bird eye's view on preventive management of Headache
3. Migraine with comorbidities- choosing the right drug for your patients

Speakers:

Dr. Heli Shah

Neurophysician

Dr. Bhagyadan Patel

Neurophysician

Coordinators

Dr. R I Patel

Dr. Mukesh Khadaliya

Dr. Gaurishankar Shrimali

Programme would be preceded by lunch

**For Registration Contact : AMA office on 079-26588775
during 2.00 pm to 6.00 pm**

Dr. Tushar Patel

AMA President

Dr. Urvesh Shah

AMA Hon. Secretary



AHMEDABAD MEDICAL ASSOCIATION, AMA SENIOR CITIZEN CLUB

Organises an informative, educative, motivational programme.

Date: 4-8-2024, Sunday

Time : 9.00 am onwards

Venue : AMA Hall, Ashram Road, Ahmedabad.

Programme Details

Registration & fellowship : 9.45 to 10.15 am

Programme : 10.15 am to 12.30 pm

Subject : Healthy Ageing

Topics :

1. How to remain Active & Healthy Physically in Old Age?

(વૃદ્ધાવસ્થા અને શારિરીક સ્વસ્થતા)

Speaker: Dr. Urman Dhruv

2. How to remain Active & Healthy mentally in Old Age?

(વૃદ્ધાવસ્થા અને માનસિક સ્વસ્થતા)

Speaker:(name to be decided)

3. વૃદ્ધાવસ્થા એ જ ધ્યાનાવસ્થા અને ઋણાનુબંધ

Speaker: Dr. Abhay S Dikshit

4. વૃદ્ધાવસ્થા અને એકલતા

Speaker: Dr. Hansal Bhachech

Programme will be followed by lunch.

Co- ordinators

Dr. K. R. Sanghavi

Dr. K.C. Gadhavi



Registration fee : Rs. 50/- Register at our office.

(All registered members of AMA Senior Citizen Club no Registration fee)

N.B. please renew your Registration. Our new year starts from May.
All AMA members & Ladies club members also can attend the programme.

Co-ordinators ama Senior Citizen Club

Dr. K.R.Sanghavi
Dr. Abhay Dikshit

Dr. K. C. Gadhavi
Dr. R. C. Shah

Dr. Tushar Patel
AMA President

Dr. Urvesh Shah
AMA Hon. Secretary

PPS ZONAL SEMINAR

Programme will be held in 1st week of September-2024.

Details of programme will be announce.

Dr. Tushar Patel
AMA President

Dr. Urvesh Shah
AMA Hon. Secretary

Carrier Counselling

Programme will be held in 2nd week of September-2024.

Details of programme will be announce.

Dr. Tushar Patel
AMA President

Dr. Urvesh Shah
AMA Hon. Secretary



AMA Family Benefit Scheme Notice

Dear AMA family benefit scheme members,

Please note important change:

From this year onwards the notice for DFC will come in the month of January every year in place of month of July.

Next notice will be issued in January 2025.

Please note.

Thanks.

Please encourage your colleague to become member of the scheme.

In case of any assistance,

please call office

on 26588775 (2pm to 6pm)

<https://ahmedabadmedicalassociation.com/fbs.php>

Dr Jaswantsinh Darbar
Chairman

Dr Pragnesh Vachharajani
Honorary Secretary

Dr Brijen Chokshi
Treasurer



Report of 'Doctors Day' Celebration Date 01-07-2024

To celebrate and honor the dedication and commitment of our doctors towards patient care and healthcare excellence, Ahmedabad Medical Association has organized Doctor's Day celebration at AMA house on 1st July, 2024. The event commenced with the felicitation of our senior doctors, expressing gratitude for their hard work and contribution. About 35 senior doctors of AMA were recognized and awarded for their exceptional service, dedication, innovation in patient care and commitment for our organization. To lighten the mood and provide entertainment, musical program with live orchestra and dance was organized by the Team of Dr Gurudatt Thakkar. It was a tribute to the harmony and artistry that enriches our lives beyond the realms of medicine. The thrilling part of the day was the Lucky Draw! Entire event was supported by HDFC Bank & ORRA Jewellery. Overall, the Doctor's Day celebration was a resounding success.

Report of 'Karaoke Night' Date 13-07-2024

To provide a fun and interactive evening for our members & to unwind and showcase their musical talents Karaoke Night was organized by AMA on 13th July, 2024 at AMA house. The event kicked off with a brief introduction of the event, welcoming attendees and setting the tone for an enjoyable evening of music. About 30 participants enthusiastically took turns singing their favorite songs on stage. The karaoke system provided a wide selection of songs across various genres to cater to diverse musical tastes. Attendees actively supported performers with applause and encouraging cheers, creating a supportive and inclusive



environment for all participants. The event concluded with a Lucky Draw, thanking participants for their enthusiastic participation and highlighting the success of the karaoke night in fostering community spirit and enjoyment. Our sincere gratitude for Dr Raj Bhagat & Dr Purvi Bhagat for their outstanding support in making the event successful and Dr Gunjan Tank for her wonderful job as our MC. She kept a good pace with the proceedings of the event. Dr Rajesh Desai was the overall co-coordinator of the event.

Airway Workshop (16/6/24, Sunday)

Ahmedabad medical association in association with Abhihsu critical care associates organized a workshop for high-end airway skills at KhyatiMultispeciality Hospital, SG highway on 16/6/24, Sunday. The workshop was a huge success attended by 45 delegates from within Ahmedabad and Mumbai. Expert faculties from Ahmedabad medical association and Abhishu team gave didactic lectures. There were 4 stations on which candidates were given hands on experience about intubation and other airway devices. There were mannequins arranged for doing percutaneous tracheostomy, cricothyroidotomy, ICD insertion and various intubation techniques. The lectures were followed by an exciting quiz and participants enjoyed the quiz, the winners were given the prizes by the faculties. All delegates were given certificate of participation and the workshop was granted 2 credit hours by Gujarat medical council. Dr. Bipin Patel was the GMC observer for the workshop. Dr. Bhadresh Shah and Dr. Alpa Gandhi alongwith entire Abhishu team were thankful to Ahmedabad medical association and KhyatiMultispeciality hospital for their generous support.



“Aao Gaon Chalen” Project Report for the Month of June 2024

State	Gujarat
Local Branch	Ahmedabad Medical Association
Adopted Village / Ward	1. Uvarsad 2. Kanij
Date/Month of camp	June 2024
Name of Branch President or Secretary	President – Dr. Tushar Patel Secretary – Dr. Urvesh Shah
Mobile Number of the branch president or Secretary	President – M. 98250 82672 Secretary – M. 92282 33441
Number of total patients attending	156
Name of Guest with Designation	-----
Name of Doctors attending the camp with a speciality	<p>Uvarsad</p> <ol style="list-style-type: none"> 1. Dr. Richa Patel - Medicine 2. Dr. Mitali Tadv - Obs & Gynecology 3. Dr. Krina Patel – Paediatrics 4. Dr. Zeel Patel – Orthopaedics 5. Dr. Swanam Gangopadhyay - Dermatology 6. Dr. Gopi Kalariya - Community Medicine 7. Dr. Foram Panchal - Community Medicine <p>Kanij - Aamsaran</p> <ol style="list-style-type: none"> 1. Team of Doctors from GCS Hospital (Medicine, Obs & Gynecologist, Paediatrics & Dermatology) 2. Dr. Arpit Prajapati – AMA Coordinator
Activities in Camp	<ol style="list-style-type: none"> 1. Diagnosis camp (ECG, RBS, CBC, Lab. Investigation) 2. Free Medicine & Treatment 3. Counselling to ANC patients 4. Referral to higher centre of patients 5. Height, Weight, Blood Pressure (BP) measurement, Urine Pregnancy test (UPT)



WE WELCOME FOLLOWING NEW LIFE MEMBERS

M.No.	Type	Name
13027	L	DR. BABARIYA JINISHA HITESH
13028	LC	DR. BRAHMBHATT HARDIK ARVIND
13029	LC	DR. RAO VISHWA SANJAYKUMAR
13030	L	DR. PATEL BHAVYA HIMANSHUKUMAR
13031	L	DR. DESAI HITESHBHAI JAGMALBHAI
13032	L	DR. PATEL TWINKLE RAMESHCHANDRA
13033	L	DR. MEHTA SHIVANI MUKESHKUMAR
13034	L	DR. PRAJAPATI BHAVESHKUMAR BABULAL
13035	L	DR. ARORA ISHAN DHARAMVIR
13036	L	DR. ZALA RAJESHWAR DINESHBHAI
13037	L	DR. RAVAL RONAK BHARATKUMAR
13038	L Transfer Vadodara to Ahmedabad	DR. LIMBAD VISHAKHA RAJESHBHAI
13039	L Transfer Gadhidham to Ahmedabad	DR. PATEL SHAHIL A.
13040	L	DR. YADAV MANSI VIJAY
13041	L	DR. PRAJAPATI ARPITA AMRUTBHAI
13042	LC	DR. PATEL NEELKUMAR RAVINDRAKUMAR
13043	LC	DR. PATEL GTISHMABEN MAHESHBHAI
13044	L	DR. SHAH HARD DINANK
13045	L	DR. SHETH ASHIT VIBHAVANBHAI
13046	L	DR. PATEK PATHIKKUMAR JAYANTIBHAI
13047	L	DR. PATEL ROSHANI MAHENDRAKUMAR
13048	L	DR. DAVE TRIPATHIRAJ MAHESHBHAI
13049	L	DR. CHAUHAN VEDPRAKASH CHANDRAVADAN
13050	L	DR. LADU DEWASI DARGARAM
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Hematology

8th Update

21st - 22nd September 2024
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- How to interpret Hemogram?
- My patient has Low Hemoglobin
- Where have all the Platelets gone?
- Pancytopenia - How to evaluate?
- Eosinophilia - How to evaluate and when to treat?
- Thrombotic anti-PF4 Immune Disorders: HIT, VITT, and beyond
- The Dos, don'ts and nuances of Thrombophilia Testing
- Altered PT/aPTT - How to evaluate? How to treat?
- Hematological consult in Critical care unit
- How to review the review articles?
- How to right an article in Index journal?
- Ten Commandments of Clinical Medicine
- Thrombotic Thrombocytopenic Purpura - When to suspect? How to manage?
- Monoclonal Gammopathy from MGUS to MGCS
- Artificial Intelligence (AI) in Hematology
- Cellular Therapy in Hematology - What is CAR-T cell Therapy?
- Next Generation Sequencing - What a Physician should know?
- Labor and delivery - DIC, HELLP, preeclampsia (Can we keep HLH ? Or DIC)
- Am I a Bleeder?
- My Marrow has Failed!

Case Based Discussion

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Types of Blood Release- Desperate, Urgent and Routine

Dr. Jhalak Patel¹, Dr. Vishvas Amin²

Indian Red Cross Society, Ahmedabad District Branch

1- Deputy Director-Medical, Transfusion Medicine Specialist.

2- General Secretary, Pathologist.

In some situations, patients may require life-saving transfusion before the usual compatibility tests can be performed. The most frequently encountered clinical situations where emergency transfusion is required at Hospital are massive obstetric haemorrhage, paediatric trauma, neonatal exchange transfusion and massive gastro-intestinal bleeding.

There are different procedures adapted at blood centre for issuing blood to patients depending on the level of emergency.

Type of blood requests:

1. Desperate/Immediate:

- Under this situation; blood is issued immediately in 5-10 min of receipt of request from the doctor.
- Blood or blood components should be issued before completion of routine cross-matching tests in the case where delay in providing blood may jeopardize the patient's life, on receipt of a signed written request of the treating physician stating that the clinical condition of the patient is sufficiently urgent to require the release of blood before completing ABO and Rh(D) tests and compatibility testing.
- Under such circumstances, recipients whose ABO and Rh(D)

type is not known should receive red cells of group O Rh(D) negative if available, otherwise, O Rh(D) positive blood should be used (only if no history of transfusion with O positive Packed Red Cells).

- The donor tag or label on the blood container and the crossmatch report form should indicate that compatibility testing has not been completed at the time of issue. However, standard compatibility test should be completed promptly. If incompatibility is detected in further testing, the concerned clinician should be informed immediately to discontinue the transfusion.

2. Urgent:

- Under this situation; blood is issued immediately in 20-30 min of receipt of request from the doctor.
- Under these circumstances; the patient samples are received at the blood centre and subjected to ABO and Rh (D) typing and should receive ABO and Rh(D) specific blood group red cells before the tests for compatibility have been completed.
- Blood or blood components should be issued before completion of routine cross-matching tests in the case where delay in providing blood may jeopardize the patient's life, on receipt of a signed written request of the treating physician stating that the clinical condition of the patient is sufficiently urgent to require the release of blood before completing ABO and Rh(D) tests and compatibility testing.
- The donor tag or label on the blood container and the



crossmatch report form should indicate that compatibility testing has not been completed at the time of issue. However, standard compatibility test should be completed promptly. If incompatibility is detected in further testing, the concerned clinician should be informed immediately to discontinue the transfusion.

3. Routine:

- Most request received at the blood centre are routine type in which it takes 60-90 mins to Issue.
- The cross-match consists of detection of IgM and IgG type of antibodies in recipient serum against the antigens on donor red cells. It can be performed either by tube technique, column agglutination method or on solid phase.
- The blood is issued to the patient after completing the crossmatch.

Doctor Preneurs: Start now, StartUp

Dr Vaishali Deshmukh

MD, DNB, DM (Endocrinology)

Assistant professor in Endocrinology

Sassoon General Hospital & BJMC, Pune

The Crucial Role of Vitamin D in Human Health

Vitamin D, often referred to as the "sunshine vitamin," is essential for maintaining overall health. Its primary function is to facilitate the absorption of calcium and phosphorus, crucial for the development and maintenance of strong bones and teeth.



However, the benefits of vitamin D extend far beyond skeletal health, impacting several other bodily systems and playing a vital role in disease prevention and management.

Widespread Prevalence of Vitamin D Deficiency

Vitamin D deficiency is a global health concern affecting all age groups. In India, the deficiency rates are alarmingly high, ranging from 50% to 94% among the general adult population. Hospital-based studies have shown deficiency rates between 37% and 99%. Such high prevalence rates are concerning given the critical role of vitamin D in maintaining various aspects of health. Globally, around 1 billion people are estimated to suffer from vitamin D deficiency, with another 50% experiencing vitamin D insufficiency.

Impact on Bone Health

Vitamin D is crucial for bone health, as it aids in the absorption of calcium from the intestine, thereby maintaining adequate serum calcium and phosphate levels to enable normal mineralization of bone. Without sufficient vitamin D, bones can become thin, brittle, or misshapen. In children, severe deficiency can lead to rickets, a condition characterized by soft and weak bones. In adults, it can result in osteomalacia, causing bone pain and muscle weakness. Chronic vitamin D deficiency also contributes to the development of osteoporosis, increasing the risk of fractures, particularly in older adults.

Role in Immune Function

Beyond its skeletal benefits, vitamin D is a potent modulator of the immune system. It enhances the pathogen-fighting effects of



monocytes and macrophages — white blood cells that are critical to the immune defence — and decreases inflammation. Adequate vitamin D levels are associated with reduced risks of autoimmune diseases, such as multiple sclerosis, rheumatoid arthritis, and type 1 diabetes. Vitamin D also plays a role in reducing the risk and severity of infectious diseases, including respiratory infections and possibly COVID-19.

Vitamin D in Chronic Disease Management

Vitamin D deficiency has been linked to an increased risk of several chronic diseases. For instance, low vitamin D levels are associated with poor glycaemic control in type 2 diabetes. Supplementation with vitamin D can improve insulin sensitivity and reduce HbA1c levels, a marker of long-term blood sugar control. In cardiovascular health, adequate vitamin D levels can help regulate blood pressure and reduce the risk of chronic heart failure. Moreover, vitamin D's anti-inflammatory properties contribute to better outcomes in conditions such as asthma and allergic rhinitis.

Innovative Approaches to Vitamin D Supplementation

Given the widespread prevalence of vitamin D deficiency and its significant health impacts, effective supplementation strategies are crucial. Traditional oil-based vitamin D formulations often suffer from poor bioavailability, limiting their effectiveness. Innovations in vitamin D therapy have led to the development of aqueous formulations (Calcirol MAX – Cadila) that enhance absorption and efficacy. These advanced formulations ensure a rapid and sustained increase in serum 25(OH)D levels, providing



quicker correction of deficiency and better overall health outcomes.

Conclusion

The importance of maintaining adequate vitamin D levels cannot be overstated, given its critical roles in bone health, immune function, and chronic disease management. Addressing vitamin D deficiency through effective supplementation strategies is essential for improving public health outcomes. Companies like Cadila Pharmaceuticals have contributed to this effort by developing innovative aqueous formulations of vitamin D, ensuring enhanced absorption and efficacy. These advancements represent significant progress in the fight against vitamin D deficiency, offering hope for better health and quality of life for millions worldwide.

Drug Overdose and treatment

Dr. Geeta Gupta

Assistant Professor, Forensic Science
NSIT, Jetalpur, Ahmedabad

Poisoning can result from overdose of drugs, ingestion of toxic substances, or exposure to household/industrial chemicals. All poisoning patients should be admitted to the hospital. Treatment involves identifying the poison, administering antidotes if available, removing/preventing absorption of the poison, accelerated elimination, supportive care, and monitoring for complications.



A drug overdose is considered a poisoning. In this case, the drug is the product that is used in the wrong way, by the wrong person, or in the wrong amount

Key points to know common poison.

Acetaminophen Toxicity

- Symptoms: Nausea, vomiting, right upper quadrant pain.
- Key Marker: Elevated liver enzymes.
- Antidote: N-acetylcysteine (NAC).

Salicylate Poisoning

- Symptoms: Tinnitus, hyperventilation, metabolic acidosis.
- Treatment: Alkalinization of urine, activated charcoal.

Opioid Overdose

- Symptoms: Respiratory depression, pinpoint pupils, altered mental status.
- Antidote: Naloxone.

Benzodiazepine Overdose

- Symptoms: CNS depression, ataxia, respiratory depression.
- Antidote: Flumazenil (use with caution).

Carbon Monoxide Poisoning

- Symptoms: Headache, dizziness, cherry-red skin.
- Diagnosis: Carboxyhemoglobin levels.



- Treatment: 100% oxygen or hyperbaric oxygen.

Organophosphate Poisoning

- Symptoms: Salivation, lacrimation, urination, defecation, GI upset, emesis (SLUDGE).
- Antidote: Atropine and pralidoxime.

Methanol/Ethylene Glycol Poisoning

- Symptoms: Anion gap metabolic acidosis, visual disturbances (methanol), renal failure (ethylene glycol).
- Antidote: Fomepizole or ethanol, dialysis.

Iron Poisoning

- Symptoms: Vomiting, abdominal pain, metabolic acidosis.
- Treatment: Deferoxamine.
- Lead Poisoning
- Symptoms: Abdominal pain, neurologic changes, anemia.
- Diagnosis: Blood lead levels.
- Treatment: Chelation therapy (EDTA, dimercaprol).

Cyanide Poisoning

- Symptoms: Confusion, seizures, cardiovascular collapse.
- Antidote: Hydroxocobalamin, sodium thiosulfate.

Beta-Blocker Overdose

- Symptoms: Bradycardia, hypotension, hypoglycemia.



- Antidote: Glucagon.

Calcium Channel Blocker Overdose

- Symptoms: Hypotension, bradycardia, hyperglycemia.
- Treatment: Calcium gluconate, glucagon, insulin and glucose.

Digoxin Toxicity

- Symptoms: Nausea, vomiting, visual changes (yellow-green halos), arrhythmias.
- Antidote: Digoxin-specific antibody fragments (Digibind).

Theophylline Toxicity

- Symptoms: Seizures, tachycardia, arrhythmias.
- Treatment: Activated charcoal, beta-blockers for arrhythmias.

Tricyclic Antidepressant Overdose

- Symptoms: Cardiac arrhythmias, anticholinergic effects, seizures.
- Treatment: Sodium bicarbonate.

Heavy Metal Poisoning (Mercury, Arsenic)

- Symptoms: Neurologic symptoms, GI distress, kidney damage.
- Treatment: Chelation therapy (dimercaprol, succimer).

Antifreeze (Ethylene Glycol) Poisoning

- Symptoms: CNS depression, metabolic acidosis, renal failure.
- Antidote: Fomepizole or ethanol, dialysis.



Hydrofluoric Acid Poisoning

- Symptoms: Severe pain, hypocalcemia, hyperkalemia.
- Antidote: Calcium gluconate.

Isoniazid (INH) Toxicity

- Symptoms: Seizures, metabolic acidosis.
- Antidote: Pyridoxine (Vitamin B6).

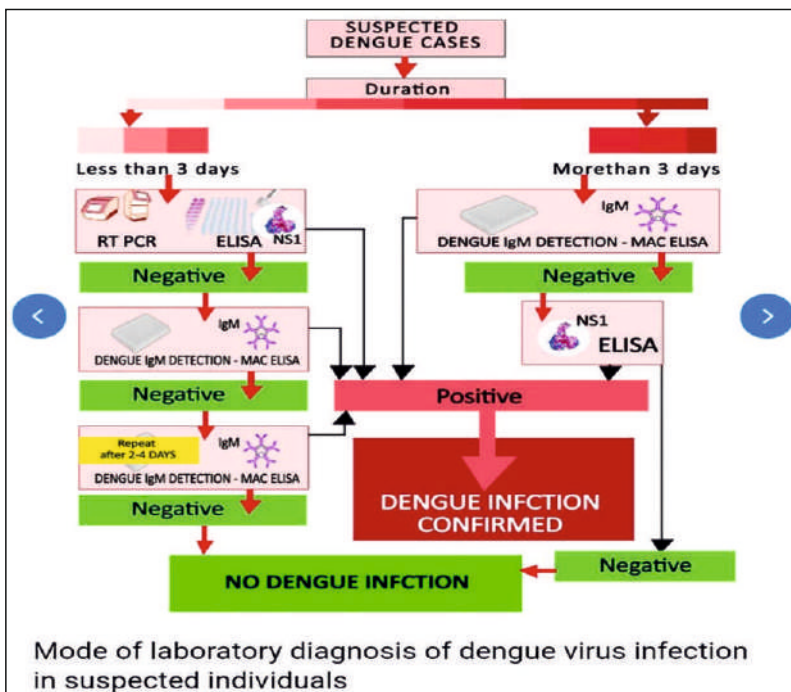
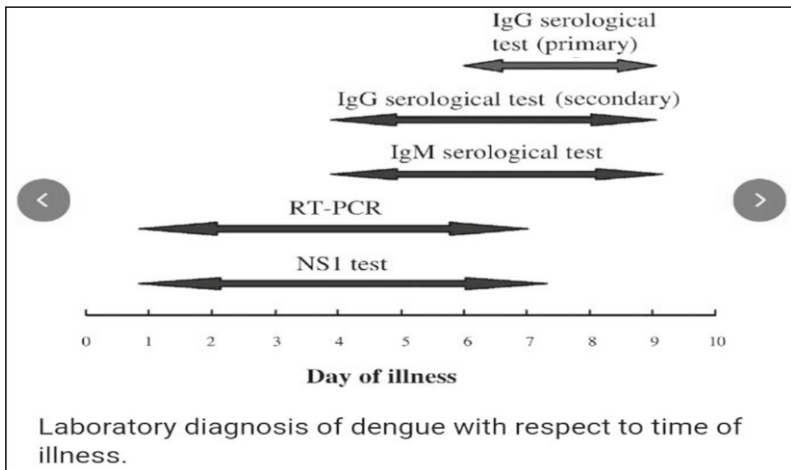
Sulfonylurea Overdose

- Symptoms: Hypoglycemia.
- Treatment: Dextrose, octreotide.

Drug overdose/Poison	Antidote
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Organophosphate, Carbamates	Atropine, Pralidoxime
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Some important pearls

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New guidelines for HTN 2024

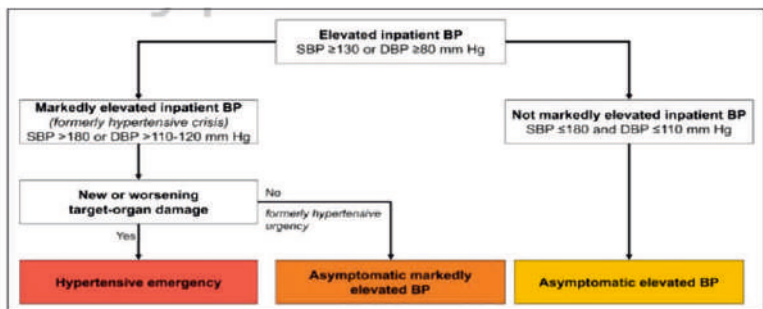


Figure 1. Terminology of elevated inpatient BP in the acute care setting.

The blood pressure (BP) classifications depicted in this figure are based on established thresholds from recent hypertension guidelines, including the 2017 Hypertension Clinical Practice Guidelines, the 2018 European Society of Cardiology/European Society of Hypertension (ESH) clinical practice guidelines for the management of arterial hypertension, and the 2023 ESH guidelines on arterial hypertension management. Markedly elevated BP is defined by the 2017 Hypertension Clinical Practice Guidelines as systolic BP (SBP) >180 mm Hg or diastolic BP (DBP) >120 mmHg in scenarios without new or worsening target-organ damage. The 2023 ESH guidelines categorize hypertensive emergency or urgency as grade 3 hypertension (SBP ≥180 mmHg or DBP ≥110 mmHg) without differentiating severity based solely on BP values among those showing no signs of target-organ damage progression. The depicted ranges for inpatient elevated BP align with recommendations for outpatient high BP management as the definition of stage I hypertension. Readers are encouraged to consult individual guidelines for detailed definitions and clinical context.

Let's remember basics of steroids

Prednisone = Cortisone = Dexamethasone = Hydrocortisone Acetate

5 mg = 25 mg = 0.75 mg = 20 mg

Patients taking a physiological dose of 5 mg prednisone or 20 mg hydrocortisone/day or higher, for a period of 3 weeks or more should be considered at risk of HPA axis suppression

CONVERSION DATA		
Glucocorticoid	Approximate Equivalent dose (mg)	Half-life (Biologic) hours
Short-Acting		
Cortisone	25	8-12
Hydrocortisone	20	8-12
Intermediate-Acting		
Methylprednisolone	4	18-36
Prednisolone	5	18-36
Prednisone	5	18-36
Triamcinolone	4	18-36
Long-Acting		
Betamethasone	0.6 - 0.75	36-54
Dexamethasone	0.75	36-54



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EdoXaban

RivaroXaban

Drugs target BOTH Xa+thrombin = PARIN (pair) in name

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Drugs target only IIa = B (2nd letter)

ArgatroBan

Bivalrudin

DaBigatran

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Tumor	Marker
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• Breast	→ CA 15-3
• Pancreatic	→ CA 19-9
• Prostate	→ PSA
• Colorectal	→ CEA
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• Seminoma	→ LDH
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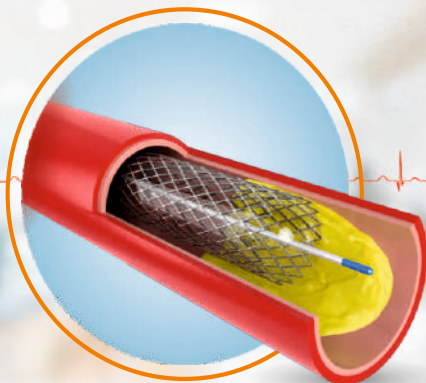
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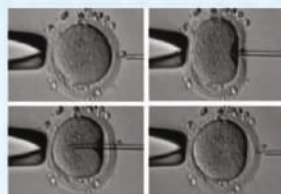
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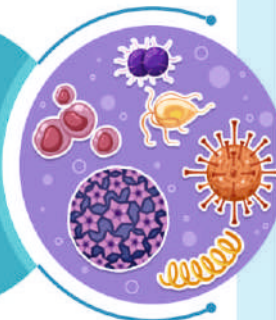
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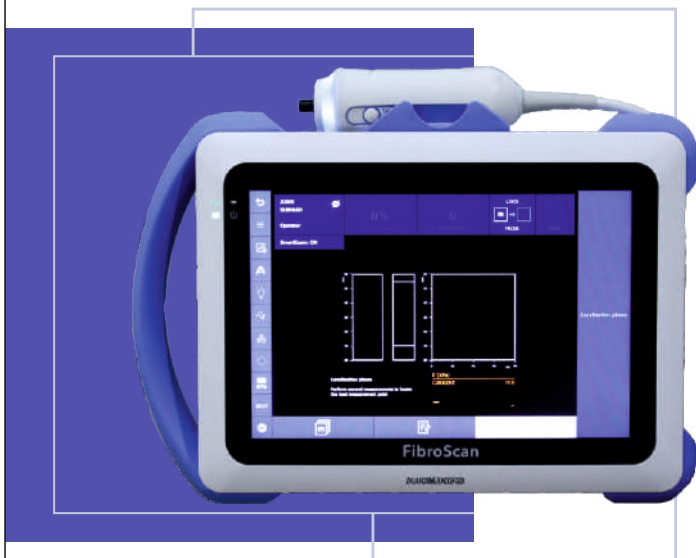
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From Despair to Vitality:

Mr Jayeshkumar Jani's Transformation through Bariatric Surgery



Before



After

"This Surgery Gave Me a Second Chance. It's More Than Just Losing Weight It's About Gaining Life."

Case Summary

61 years old, Mr Jayeshkumar Bhanushankar Jani faced serious health challenges. With a weight of 124 kg and a BMI of 41.6 kg/m², his life was burdened by the crippling effects of obesity. He battled chronic obstructive pulmonary disease (COPD), ischemic heart disease (IHD), and left ventricular dysfunction with an ejection fraction (EF) of just 40%. Chronic kidney disease (CKD) and obstructive sleep apnea (OSA) added to his woes, necessitating the use of a BiPAP machine and frequent nebulisation.

Diabetes further complicated his condition, requiring about 100 units of insulin daily in addition to four oral hypoglycemic agents (OHAs). Even a simple task like walking two steps left him breathless, with his oxygen saturation (SpO2) plummeting to 88%.

Despite his best efforts, including strict diet plans and exercise regimens, Mr Jani found himself unable to shed the weight that was slowly killing him.

In December 2023, Mr Jani underwent the life-changing surgical procedure of Laparoscopic Sleeve Gastrectomy performed by Dr Manish Khaitan, Director and Consultant Bariatric Surgeon. In the months that followed, Mr Jani's weight dipped from 124 kg to an impressive 95 kg.

Rediscovering Life

The effects of the surgery extended far beyond weight loss. Mr Jani's diabetes improved, letting him stop insulin and rely only on oral medication. His medicine intake has reduced from 26 to 7 tablets. Once unable to walk two steps, he now walks 3 km daily, manages COPD and IHD better, and no longer needs his BiPAP machine. His story is about more than weight loss; it's about reclaiming life, rediscovering joy, and inspiring others who face similar struggles.



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DR. DIPAK LIMBACHIYA

M.D., D.G.O., Endoscopy Specialist
Specialist in Advanced LAP Gynaec Surgeries &
LAP Onco Gynaec Surgeries

Bowel Endometriosis management by colo-rectal resection: Laparoscopic surgical technique & outcome

Background and Objectives: Bowel Deep Infiltrating Endometriosis (DIE) management by colo-rectal resection is a complex procedure. The purpose of the present study is to delineate a meticulous approach to the assessment of the patient, step-wise surgical technique, pre, and post-operative care, and its short-term and long-term outcomes.

Methods: This is a single centre retrospective study done on patients of bowel DIE managed by colo-rectal resection between January 2019 to June 2021.

Results: There was a significant improvement in the symptomatology of patients post-surgery. Our surgical technique is feasible with acceptable short-term and long-term outcomes.

Conclusion: Bowel DIE management can be proficiently executed with proper diagnostic approach, appropriate surgical expertise with exhaustive pelvic anatomy knowledge especially concerning autonomic nerve plexus.

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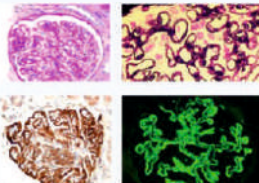


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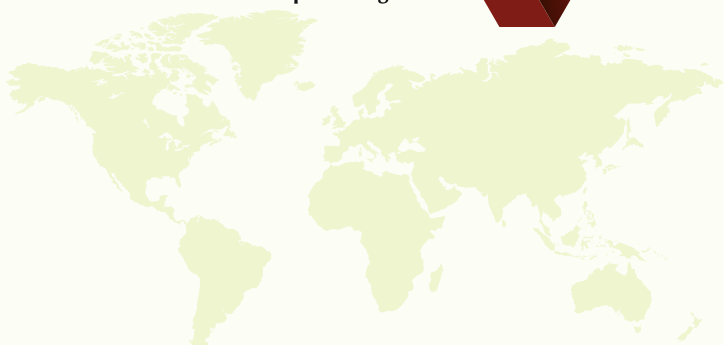
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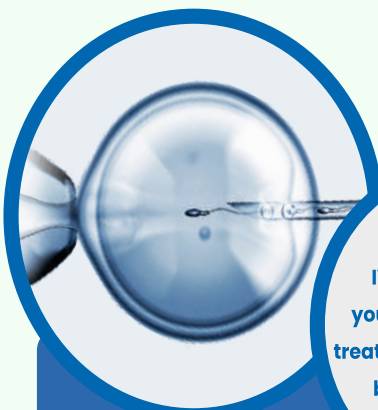
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