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AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902

AMA House, First Floor, Opp. H. K. Arts College, Ashram Rood, Ahmedabad - 380009 Phone : (079) 26588775



AHMEDABAD MEDICO NEWS



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ISSUE - 4





Dr. URVESH SHAH Hon. Secretary - AMA

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2024













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Message From President & Hon. Secretary





Dear members,

We are deeply saddened and outraged by the horrific incident that took place at R.G. Kar Medical College. Our hearts go out to the victim and their family during this unimaginable time of pain and suffering. Such incident has agitated every one's heart & raised a great concern for the safety of doctors especially of female at working place. We strongly recommended the government to proactively take up the issue as prime importance & do needful.

It was matter of immense pleasure for having wonderful annual day celebration. With this, we took opportunity to give outline of the events we had in past one year. & we feel proud to announce we have more than 250 events of different categories in this tenure.

This year, we have arranged as many scientific events been possible. The AMACON 2024 was a benchmark event. We tried to cover maximum subjects of healthcare in different CMEs, Seminars & conference.

Another field where we targeted ourselves most was COLS trainings of other than healthcare personnel including school children of higher classes & home guards. Cardiac emergencies can happen to anyone, anywhere, and at any time. Immediate action can mean the difference between life and death. With COLS training, people gain the skills and confidence to act swiftly and effectively in these critical moments. This training was not just about acquiring a skill; it's about embracing a responsibility. The theme & logo of current tenure also was to emphasize this important social movement.

Friends, good health is a fundamental right for all, yet many in our community do not have access to essential medical care. By conducting

MONTHLY NEWS BULLETIN

medical camps, we have the chance to make a meaningful difference for the underprivileged. This year, every month we conducted camps in many rural area & urban slums. The Aao Gaon Chalen project – the initiative of our visionary leader, Dr Ketan Desai sir - is more than just a health initiative; it is a way to connect the doctors directly to the people who are truly in need & can't get proper medical services timely; sometimes, it proved to be a lifeline for those who often go unnoticed and untreated. We would like to encourage you to volunteer your time, donate resources, and spread the word about these health check-up camps. Your involvement can bring hope and healing to those who need it most. Together, we can build a healthier, stronger community where everyone has the opportunity to thrive.

In association with Red cross society, we have arranged many blood donation camps. This year, we received a record break blood donation; but, unfortunately we are still far behind to meet the need. The organ donation drive another initiative we are continuingly working on. Organ donation is more than a medical procedure; it is a profound act of generosity and compassion. By choosing to donate, we can save lives, restore hope, and provide second chances to individuals and families who are facing unimaginable challenges. One's decision to become an organ donor could mean the difference between life and death for someone's loved one.

We have arranged so many cultural events this year; whether it be Ras-Garba, Musical nights, Sports or national festivals, they all were been tremendous success.

All our successful endeavours could be possible only with our collective efforts. Moving ahead, we urge, let's keep our journey continue and take the reputation of our association at a new height. Every effort counts, and together, we can create a ripple effect of positive change.

Jai AMA



ANDS CARITO

Jai IMA

Dr. Urvesh Shah Hon. Secretary

Ahmedabad Medical Association

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INSTALLATION CEREMONY



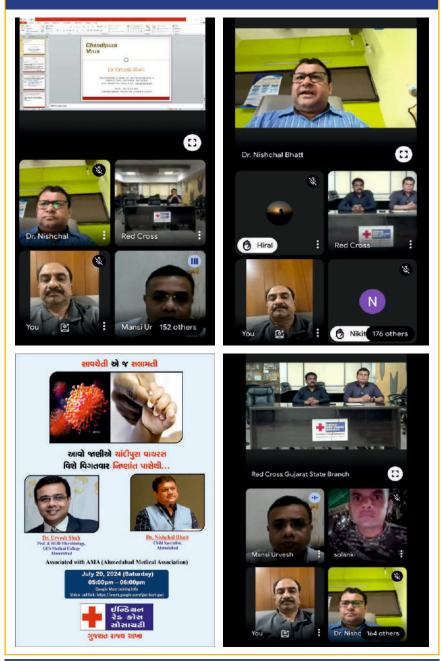
All the Members are invited to grace the occasion of Installation Ceremony of **Dr. Dhiren Ramniklal Mehta** as President of Ahmedabad Medical Association and the team of Office Bearers & Managing Committee Members for the year 2024-2025.



invitee : Ahmedabad Medical Association

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CHANDIPURA VIRUS JULY 20, 2024



MONTHLY NEWS BULLETIN

AHMEDABAD MEDICO NEWS 27-08-2024

AAO GAON CHALEN - JULY 2024



અસલાલી ગામમાં સર્વ રોગ નિદાન કેમ્પ યોજાયો



> સમમદાવાદ: રાજ્યત માના સાંસદ નરહરિ અમીન IC 경거리 દારા દંતક લેવામાં આવેલા અસલાક્ષી ગામમાં તા.27મીને શનિવારે 'આવો ગાંવ ચાલે' પ્રોલેક્ટ અંતર્ગત અમદાવાદ મેડિકલ એસોસિએશન અને જનસહાયક ટ્રસ્ટ દારા 'આશાભાઈ પુરુષોત્તમદાસ અમીન આરોગ્યયામ ખાતે નિગ્નુલ્ક સર્વ રોગ નિદ્રાન કેમ્પનું આવોજન કરાયું કહ્યું. કેમ્પમાં અમદાવાદની કે.ડી. હોસ્પિટલના સૂપર સ્પેશ્યાલિસ્ટ ડોક્ટરની ટીમ દ્વારા દ્રદયના રોગો, પ્રયાબીટીસ, ચામપ્રેનાં રોગો, સ્ત્રી રોગની તપાસ અને હાડકાંના રોગોના 100થી વધુ દર્દીઓની તપાસ કરાઈ હતી અને દવા નિલ્ફાલ્ક અપાઈ હતી. આ પ્રસંગે રાજ્યસભાના સાંસદ અને જનસહાયક ટ્રસ્ટના પ્રમુખ નરહારે અમીન, જનસહાયક ટ્રસ્ટના મેનેજિંગ ટ્રસ્ટી વરૂલ અમીન, જનસહાયક ટ્રસ્ટના ગવર્નિંગ બોર્ડના સભ્યો પ્રવીણચંદ્ર અમીન, ધનશ્યામભાઈ અમીન, ઇવેન્ટ કો-ઓર્ડિનેટર ડો. વિશ્વાસ અમીન, કે.લી. હોસ્પિટલના સુપર સ્પેરયાલિસ્ટ ડ્રેક્ટર્સની ટીમ, શ્પોર્ટિંગ સ્ટાફ ઉપસ્થિત રહ્યો હતો. નવગુજરાત સમય 🖓

> આ પ્રસંગે રાજ્યસભા સાંસદ અને જનસહાયક ટ્રસ્ટનાં પ્રમુખ નરહરિ અમીન, જનસહાયક ટ્રસ્ટનાં મેનેજંગ ટ્રસ્ટી શ્રી વરૂણ અમીન, જનસહાયક ટ્રસ્ટનાં ગવનીંગ બોર્ડનાં સભ્યો શ્રી પ્રવિભયંદ્ર અમીન, શ્રી ધનશ્યામભાઈ અમીન, ઇવેન્ટ કો.ઓર્ડીનેટર ડૉ. વિશ્વાસ અમીન, અમદાવાદ ની પ્રસિદ્ધ કે.ડી. હોસ્પિટલનાં સુપર સ્પેશ્યાલીસ્ટ ડોકટર્સની ટીમ તેમજ સપોર્ટીંગ સ્ટાફ ઉપસ્થિત રહ્યા હતા.



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TREE PLANTATION ACTIVITY DATE 04-08-2024



CME ON HEALTHY AGING & CYBER CRIME DATE 04-08-2024



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SCIENTIFIC UPDATES ON HEADACHE DATE 03-08-2024



NATIONAL FORENSIC SCIENCE UNIVERSITY & AMA DATE 03-08-2024



INDEPENDENCE DAY AUGUST 15, 2024



INDEPENDENCE DAY AUGUST 15, 2024



AHMEDABAD MEDICO NEWS 27-08-2024 MONTHLY NEWS BULLETIN

INDEPENDENCE DAY AUGUST 15, 2024



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ALL INDIA PROTEST AUGUST 17, 2024



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ALL INDIA PROTEST AUGUST 17, 2024



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ALL INDIA PROTEST AUGUST 17, 2024





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MEETING WITH HEALTH MINISTER AUGUST 21, 2024



ALL INDIA PROTEST MEDIA



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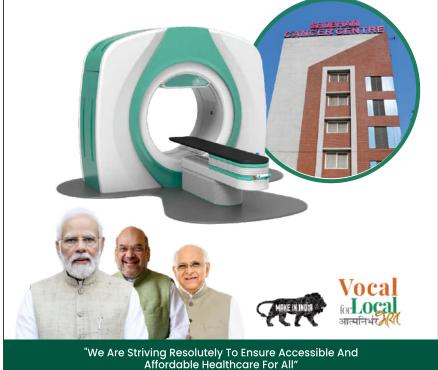
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BULLET	IN COMMITTEE)						
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Dr. AMIT PRAJAPATI DR. ATUL GANDHI							

MONTHLY NEWS BULLETIN

NOTICE

Dear Members, The Annual General Body Meeting of the members of the Ahmedabad Medical Association will be held on Wednesday, 11-09-2024 at 3.30 p.m. at our premises to transact the following agenda. N.B. For the want of quorum the meeting will be held after 15 minutes.

AGENDA

- To read and confirm the minutes of the previous Annual General Body meeting.
- 2. Anything arising out of it.
- To pass the Annual Report for the year 1-10-2023 to 30-9-2024. (The Annual Report will be available in office from 6th September, 2024 To 11th September 2024, 5.00 pm)
- 4. To pass the Income& Expenditure A/C for the year 2023-2024.
- To pass the Audited Report for the year 1-4-2023 to 31-3-2024. (The account will be available in office from 6th September, 2024 To 11th September 2024, 5.00 pm)
- 6. To pass the estimated budget for the year 2024-2025.
- 7. To appoint Auditors for the year 2024-2025.
- 8. To pass the resolution to operate Bank A/C.
- 9. To elect members for State Council for the year 2024-2025, post 130 (128+2) Members Nomination Forms will be available from the office from 6-9-2023. Last date for receiving the form is 8-9-2024, before 3.00 p.m. Last date for withdrawals is 10-9-2024 before 3.00 p.m.
- 10. Election of the following sub committees :

(1) Scientific (2) Sports & Entertainment (3) Building (4) Library (5) Rules (6) Benevolent (7) Ethical (8) Insurance

(9) Family Planning (10) Public Relation. The nomination Forms will be available from the office from 6-9-2023. Last date for receiving the form is 9-9-2024, before 3.00 p.m. Last date for withdrawals is 10-9-2024 before 3.00 p.m.

GENERAL RULES FOR ELECTION :

- (a) The Nomination form of candidate should be duly proposed and seconded.
- (b) Photo Identity document is required to cast the vote (AMA Identity card, IMA Identity card, Identity card issued by Election Commission. Driving License. Passport etc) whenever asked for.
- (c) The attendance register will be closed at 4.00 p.m. sharp.
- 11. Any other business with the permission of the chair.

Dr. Urvesh V.Shah

Hon. Secretary

NOTICE

Annual General Body meeting will be held on Wednesday 25-9-2024 at 3.30 p.m. at our premises. N.B. For the want of quorum the meeting will be held after 15 minutes.

AGENDA

- To confirm minutes of proceeding of the Annual General Body meeting held on 27-9-2023.
- To delegate powers of Annual General Body to the Managing Committee till next meeting of the Annual General Body except those relating to changes
- 3. Any other business with the permission of the chair.

Dr. Urvesh V.Shah

Hon. Secretary

Report of Senior Citizen Club programme (Webcasting of movie – Article 370) dated 28/07/2024

A unique movie entertainment programme was organized by Senior Citizen Club of Ahmedabad Medical Association at R.M.Fozdar hall, AMA house. Yami Gautam Dhar & Priyamani starrer movie 'Article 370' was webcasted at AMA hall on 28th July, 2024 evening. Movie show was followed by heavy snacks. The programme was beautifully co-ordinated by Dr K. R. Sanghavi, Dr Abhay Dixit, Dr R. C. Shah, Dr K. C. Gadhavi, Dr Rohan Christian & Dr Dhananjaysinh Gohil. It was a great experience and event was thoroughly enjoyed by the audience.

Report of Dr Mankeklal G. Pandejee & Dr Hiraben M Pandejee Scientific Programme dated 03/08/2024

An Interactive CME on 'Scientific Updates on Headache' was organized by Ahmedabad Medical Association in collaboration with Dr. Reddy's lab at AMA house, Ashram road on 3rd August, 2024. Dr Bhagyadhan Patel Neurophysician & Dr Heli Shah Neurophysician were invited as expert speakers. The sessions were chaired by Padmashri Dr Sudhir Shah Neurophysian. The programme was co-ordinated by Dr R. I. Patel, Dr Mukesh Khadaliya and Dr Gaurishanker Shrimali. CME was attended by the delegates in huge number. The sessions were quite informative and interactive.

Report of Scientific Programme on 'Healthy Ageing' dated 04/08/2024

CME on 'Healthy Ageing' was organized by Ahmedabad Medical Association & AMA Senior Citizen Club at AMA Hall, Ashram Road, Ahmedabad on 4th August, 2024. Dr Urman Dhruv, Dr Viral Parikh, Dr Abhay Dixit and Dr Hansal Bhachech were invited as an expert speakers to deliver a talk on this topic. CME was followed by lunch. The programme was co-ordinated by Dr K. R. Sanghavi, Dr R. C. Shah & Dr K. C. Gadhavi,. CME was attended by around 100 delegates.

Report of Education Seminar on Admission Process after NEET-UG Dated 08-08-2024

A unique educational seminar for Medical & Paramedical courses highlighting on the 'Admission Process after NEET-UG' was organized by Ahmedabad Medical Association on 8th August, 2024 at AMA hall, Ahmedabad. Frequently asked questions like What are the rules of Admission process, How to select colleges, How to fill the choices, etc were discussed in detail. Live question & answer session was also organized. Dr Chinmay Shah (Professor & Head, Dept of Physiology, Govt Medical College Bhavnagar), Dr Ashok Nirvan (Professor, Dept of Anatomy, B.J. Medical College, Ahmedabad) & Dr Manish Solanki (Associate Professor, Dept of Pharmacology, B.J. Medical College, Ahmedabad) were invited as an expert speaker. The program was co-ordinated by Dr Rajesh Desai. It was a full house event. The students and parents were present in big number.

Report of Symposium on Emergency Toxicology : Building bridges between Medicine & Forensics dated 10/08/2024

An Interactive symposium on Emergency Toxicology: Building bridges between Medicine & Forensics was organized by National Forensic Sciences University, Gandhinagar in collaboration with Ahmedabad Medical Association at IGH Banquet Hall, NFSU, Gandhinagar on 10th August, 2024. Dr R. K. Patel Ex director of U. N. Mehta Heart Institute was the chief guest of the event. The event was graced by hon'ble Vice Chancellor of NFSU. Visit to the state of art facilities available in the campus was the biggest attraction of the programme. The programme was beautifully coordinated by Dr Yogesh Gupta. It was attended by the delegates in huge number. The sessions were quite informative and interactive.

Report of 78th Independence Day celebration dated 15/08/2024

78th Independence Day was celebrated with great zeal and enthusiasm at AMA house on 15th August, 2024 morning. Flag hoisting was done by Dr Tushar Patel – President of Ahmedabad Medical Association. Dr Urvesh Shah – Hon. Secretary of Ahmedabad Medical Association delivered a beautiful message honoring our great freedom fighters on this occasion. The ceremony was graced by the presence and performances of the warriors who beat the cancer. The event was supported by HOC Vedanta. Dr Shailesh Talati, Dr Chirag Desai, Dr Sandip Shah, Dr Bhavin Shah and others from the Team HOC Vedanta were present honouring the occasion. There was a special performance by renowned artist Mr. Nayan Pancholi.

Report of Protest condemning brutal act committed against a Resident Doctor of West Bengal dated 17/08/2024

Ahmedabad Medical Association is in deep anguish and shock on the heinous crime of alleged rape and brutal murder of the Post Graduate doctor of R. G. Kar Medical College, Kolkata. AMA has called for withdrawal of all types of non-emergency medical services in the city. To raise the voice for the justice for Dr Abhaya, Safety and dignity at the workplace, AMA has organized a protest rally on 17th August, 2024 morning & a candle march in the evening. A memorandum was also given to the Honourable Health Minister of Gujarat Shree Rushikeshbhai Patel & Honourable Chief Minister of Gujarat Shree Bhupendrabhai Patel for creating safe zone in the hospital and adequate safety measures and laws for healthcare professionals. We are thankful to all the members of the association for participating in the protest in huge number and showing our solidarity.

Report of 122nd Annual Day Celebration of AMA dated 18/08/2024

122nd Annual Day of Ahmedabad Medical Association was celebrated on 18th August, 2024 at AMA house. Shree Abhay Chudasama IPS was the Chief Guest & Shree Manoj Joshi renowned actor was the Guest of Honour of the event. The programme was started with Dr B. N. Mehta Oration by Dr Bharat Dave renowned spine surgeon . The guests were very warmly welcomed and they addressed the audience with their expertise and kind words. Various prestigious awards were distributed for different categories by the dignitaries. The prizes and medals were distributed to the students who topped in various medical examinations. The auditorium was full with more than 250 attendees. The event was ended with delicious lunch and lifetime memories.

MONTHLY NEWS BULLETIN

ANNUAL REPORT - 2023-2024

PRESIDENT DR. TUSHAR PATEL - 2023-2024

OFFICE BEARERS

President Dr. Tushar Patel Vice President **Dr. Ramesh Patel** Vice President Dr. Mukesh Maheshwari

Hon. Secretary **Dr. Urvesh Shah** Hon. Jt. Secretary **Dr. Kalpita Dave** Hon. Jt. Secretary **Dr. Rajesh Desai**

Hon. Finance Secretary **Dr. Rohan Christian**

Hon. Library Secretary **Dr. Rutvij Parikh**

Imm. Past President **Dr. Jitendra H. Shah**

MEMBERS OF THE MANAGING COMMITTEE

POST GRADUATES

Dr. Alpa Gandhi Dr. Aniket Tripathi Dr. Arpit Prajapati Dr. Bhadresh Shah Dr. Bipin Patel Dr. Gopal Raval Dr. Kuntal Gajjar Dr. Mansi Patel Dr. Monika Vyas Dr. Pinakin Patel Dr. Vishvas Amin Dr. Yogesh Gupta

OTHER THAN P.G.

Dr. Arvindkumar Panchal Dr. Dhananjaysinh Gohil Dr. Hetal Pandya Dr. Hitendra Parikh Dr. Hitendrakumar Nayak Dr. Imtiyaz Vohra Dr. Khush Patel Dr. Maheshkumar Patel Dr. Mahesh Jivrani Dr. Mukeshbhai Khadaliya Dr. Piyush Sheth Dr. Purav Thakkar

MEMBERSHIP

Total Members as on 30-09-2024

13,084

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SCIENTIFIC PROGRAMMES - OCT 2023 TO AUG 2024

Sr no	Date	Event name	Organizer	Place	Cordinator
1	12/10/23	CME on 'New updates on Liver, Pancreas and Billiary diseases'	AMA	Cosmopolitan Hotel, Navrangpura, Ahmedabad	Dr Mukesh Khadalia, Dr Hetal Pandya
2	15/10/23	Talk on making fire safe hospital building	Emergency service department, Institution of fire engineers India Gujarat state Chapter & Ahmedabad Hospitals and Nursing Homes Association	R.M.Fozdar Hall, AMA house	Dr. Purav Thakkar
3	05/11/23	Life Course Vaccination: Time is Now	AMA	Zydus Cadilla Auditorium, Near Nirma University, Opp. KD Hospital, SG Highway, A'bad	Dr. Bhagirath Solanki, Dr. Yogesh Gupta, Dr. Arvind Panchal, Dr. Imtiyaz Vohra, Dr. Umesh Godhani
4	05/11/23	Synergy Meet	AMA & Endocrine Society of India	Hotel Hyatt, Vastrapur, Ahmedabad	Dr. Jitendra Anand, Dr. RohanChristian
5	07/11/23	Academic Programme: Protect your Breath	Senior citizen club of AMA	AMA, Ashram Road	Dr. K.R. Sanghavi, Dr. Abhay S.Dikshit, Dr. K.C. Gadhavi, Dr.R.C. Shah
6	23/11/23	Awareness seminar for Nursing staff: Role of nurses in prevention of AMR	AMA	KD Institute of Allied health sciences	Dr Garima Savaliya
7	24/11/23	Awareness seminar for Nursing staff: Role of nurses in prevention of AMR	AMA	Ahmedabad Institute of Nursing Sciences	Dr. Neha Patel
8	24/11/23	Webinar on Antibiotic Stewardship	AMA	Youtube Live	Dr Urvesh Shah
9	26/11/23	Theme conference on controversies in pulmonology and critical care	AMA and Indian Society of Critical care, Association of Chest Physician of Gujarat	9th floor Auditorium, Zydus Hospital, Ahmedabad	Dr. Hitendra Parikh, Dr. RameshPatel, Dr. Viral Shah
10	28/11/23	Awareness seminar for Nursing staff: Role of nurses in prevention of AMR	AMA	Medilink Institute of Nursing Sciences	Dr. Kinal Shah
11	30/11/23	Scientific programme on appropriate use of Antibiotics	AMA	Hotel Radisson Blue	Dr. Rajesh Desai
12	01/12/23	HIV awareness & Appropriate use of blood components	AMA & Gujarat State AIDS control Society	Hotel President, CG Road, Ahmedabad	Dr. Vishwas Amin
13	03/12/23	Infection control and Hospital Waste managemnet practices	AMA & Hospital Board of India, Gujarat	AMA, Ashram Road	Dr. Brijesh Patel, Dr. Hetal Pandya, Dr. Gaurishankar Shrimali, Dr. Maulik Sheth
14	10/12/23	Scientific programme- Neuro Intervention update	AMA	AMA, Ashram Road	Dr. Imtiyaz Vohra, Dr. yogeshGupta
15	10/12/23	Sepsis Awareness Programme	AMA & ISCCM, Ahmedabad	BAPS Hospital, Ahmedabad	Dr. Brijesh Patel, Dr. PinakinPatel, Dr. Mahesh Jivrajani, Dr.Kush Patel

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SCIENTIFIC PROGRAMMES - OCT 2023 TO AUG 2024

1617/12/23Sleep Summit 2023AMA, Shilp Chest disease center, Association of Chest physician of GujaratHotel Renaissance, AhmedabadDr Mukesh Maheshwari, Dr Gopal Raval1719/12/23A hybrid CME on interplay of Diabetes and NASHIMA HQsLive telecast at AMA, Ashram roadDr Kuntal gaijar, Dr Marsi Patel, Dr Marsi Patel, Dr Marsi Patel, Dr Marsi Patel, Dr Rutvik dave1824/12/23Spine UpdateAMA, Stavya Spine HospitalAMA, Ashram RoadDr Kuntal gaijar, Dr Kuntal gaijar, Dr Marsi Patel, Dr Rutvik dave1902/01/24Training for Practical Exam ENTAMAR.M.Fozdar Hall, AMA houseDr Urvesh Shah2003/01/24Training for Practical Exam opthalmologyAMAR.M.Fozdar Hall, AMA houseDr Urvesh Shah2105/01/24JIC-2024AMA, MCIMS Hospital, Ahmedabad with GMERS Medical College, Sola, Association of Physician of Gujarat, Association of Physician of AhmedabadClub 07, Ahmedabad Dr. Rajesh Desai, Dr. M.R. Jivrani2207/01/24Programme for medicalAMA & IMAAMA, Ashram RoadDr. Manjit Nayak,	Sr no	Date	Event name	Organizer	Place	Cordinator
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	34	18/02/24		АМА	opp. Nidhi Hospital, Nr. Stadium Cross Roads,	
	35	24/02/24	Allergy Algorithm	AMA	AMA, Ashram Road	

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SCIENTIFIC PROGRAMMES - OCT 2023 TO AUG 2024

Sr no	Date	Event name	Organizer	Place	Cordinator
	03/03/24	Hematology update	AMA	AMA, Ashram Road	Dr. Mukesh Maheshwari, Dr. Hitendra Nayak
37	10/03/24	Multispeciality Update on Eosinophilic disorder	AMA & GP, IMA-GSB	AMA, Ashram Road	Dr. Rajesh Desai, Dr. AritPrajapati
38	31/03/24	CME on Hematology and Solid Tumours in Association with HOC Vedanta	AMA	Hotel Fairfield Marriot, Ashram road	Dr. Dhananjaysinh Gohil, Dr.Alpa Gandhi
39	07/04/24	Cardiology updates	AMA	AMA, Ashram Road	Dr Mukesh Khadaliya, Dr Bhadresh Shah, Dr Arpit Prajapati
40	04/05/24	Cardiology workshop	AMA	Marengo CIMS hospital, sola, Ahmedabad	Dr Viral Shah, Dr Priyadatta Patel
41	04/05/24	Gastroenterology Workshop	AMA	Zydus Hospital, Ahmedabad	DR Gopal Raval, Dr R I Patel
42	04/05/24	Pulmonary and Critical Care workshop	AMA	K D hospital, Ahmedabad	Dr Rushi Patel, Dr Pratik Shah
43	04/05/24	Spine Workshop	AMA	Stavya Spine,Ahmedabad	Dr Rutvik Dave, Dr Hitendra Nayak
44	04/05/24	Emergency Medicine Workshop	AMA	Sterling Hospital, Memnagar, Ahmedabad	Dr Parth Patel, Dr Manoj Kodnani
45	04/05/24	Nursing Critical Care workshop	AMA	SAL Hospital, Ahmedabad	Dr Amit Prajapati, Dr Imtiyaz Vora
46	04/05/24	Hematology Workshop	AMA	Appolo Hospital, Gandhinagar	Dr Kamlesh Naik, Dr Bhadresh Shah
47	04/05/24	A workshop on startup and innovation for medical students (IMA-MSN)	AMA	I-hub, Gujarat University	Dr. Raj Mistry
48	05/05/24	AMACON Conference	AMA	Ahmedabad Management Association	
49	12/05/24	Skin donation Awareness Programme	AMA	AMA, Ashram Road	Dr Rutvij Parikh, Dr Parth Patel
50	19/05/24	Family Medicine Conclave	IMA CGP, AMA, GIMOA, FFPAI Ahmedabad	AMA, Ashram Road	Dr Jaswant Darbar, Dr Mehul Shelat, Dr Pragnesh Shah
51	16/06/24	Airway workshop	AMA	AMA, Ashram Road	Dr. Bhadresh Shah, Dr Alpa Gandhi
52	20/07/24	Webinar on Chandipura Virus	AMA & Indian Red cross society	Live webinar	Dr Urvesh Shah
53	03/08/24	CME on Headache	AMA	AMA, Ashram Road	Dr R I Patel, Dr Mukesh Khadaliya, Dr Gaurishankar Shrimali
54	04/08/24	CME on healthy ageing	AMA & AMA senior citizen club	AMA, Ashram Road	Dr K C Gadhavi, Dr R C Shah, Dr K R Sanghavi
55	08/08/24	Education Seminar for Medical & Paramedical Courses	AMA	AMA, Ashram Road	Dr Rajesh Desai
56	10/08/24	Emergency Toxicology: Building bridges between Medicine & Forensics	AMA & NFSU	National Forensic Science University, Gandhinagar	Dr Yogesh Gupta

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SOCIAL WELFARE ACTIVITIES - OCT 2023 TO AUG 2024 **REPORT OF "AAO GAON CHALEN PROJECT"**

Year: 2023-2024 Pres	ident AMA: Dr. Tushar Patel	Hon. Secretary AMA: Dr. Urvesh Shah
Ahmedabad Medical A	ssociation Coordinators:	
Dr. Arpit Prajapati	Dr. R.I. Patel	Dr. Ashish Bhojak
Dr. Vishwas Amin	Dr. Imtiaz Vohra	Dr. Hetal Pandya
Dr. Kalpita Dave	Dr. PiyushSheth	Dr. Mukesh Khadaliya
Dr. Amratlal Maheswari	Dr. Maheshkumar F	Patel Dr. Dhananjay Gohil
Dr. Gopal Raval	Dr. Hitendra Nayak	Dr. Bipin Patel

Diagnostic and treatment Camp sites:			
Sardhav, Gandhinagar	Dhanpur, Dahod	Kashindhara, Sanand	
Aslali, Daskroi	Kaniz, Kheda	Uvarsad, Gandhinagar	
Dariyapur	Navaragpura	Madhupura	
Meghaninagar	Isanpur	Indiacolony	
Amaraiwadi	Ognaj-New Gota	Vejalpur	
Ghatlodiya	VasnaMargiya	Nayka	
Radhu, Kheda	Chhapra, Mehmedabad	New Ranip	
Mirzapur	Modasar		

Month-wise total no. of camps arranged &no. of patients benefitted at diagnostic and Treatment camps:

Month	Total camps	Total doctors	Total patients
	Organized	Participated	Benefitted
October 2023	15	62	1267
November 2023	11	24	589
December 2023	15	55	1639
January 2024	09	32	504
February 2024	10	35	1362
March 2024	10	24	565
April 2024	12	37	684
May 2024	09	27	521
June 2024	02	12	156
July 2024	12	39	670
Total	105	347	7957

Services provided at diagnostic and Treatment camps

· Consultations by various Specialists

· Diagnostic services: ECG, Lab. Investigations, spirometry

· Free distribution of Medicines, spectacles, sticks etc

· Counselling to ANC patientNutritional Counseling & Awareness lectures

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MONTHLY NEWS BULLETIN

SOCIAL WELFARE ACTI	VITIES - OCT 2023 1 Cols trainings	O AUG 2024
te Organizer	Place	Details
0/23 AMA	AMA, Ashram road	190 medical students were trained as trainers
0/23 AMA	AMA, Ashram road	200 medical students were trained as trainers
I/23 AMA	AMA, Ashram road	80 medical students were trained as trainers
3/24 AMA	AMA, Ashram road	100 medical students were trained as trainers
3/24 AMA	AMA, Ashram road	40 medical students were trained as trainers
3/24 AMA	AMA, Ashram road	22 members of cyclist association of Ahmedabad
I/24 AMA	GCS Medical College	90 Nursing students were trained as trainers
I/24 AMA	GMERS, Sola	186 medical students were trained as trainers
I/24 AMA	GMERS, Sola	100 nusrsing staff were trained as trainers
2/24 AMA	AMA, Ashram road	156 medical students were trained as trainers
2/23 AMA	Home Guard training center, Laldarwaja	MOU of IMA for COLS- CPR training
2-23 to AMA, IMA - Gujarat & 2-23 Home guard Department of Gujarat	GCS Hospital	1800 Home guards were trained
2-23, AMA, IMA - Gujarat & 2-23, Home guard Department 2-23, of Gujarat	Zydus Hospital	560 Home guards were trained
2-23; AMA, IMA - Gujarat & 2-23; Home guard Department 2-23 of Gujarat	Jivraj Mehta Hospital	500 Home guards were trained
2-23; AMA, IMA - Gujarat & 2-23; Home guard Department 2-23 of Gujarat	Sterling Hospital	540 Home guards were trained
2-23; AMA, IMA - Gujarat & 2-23; Home guard Department 2-23; of Gujarat	SAL Hospital	600 Home guards were trained
2/23 AMA, IMA - Gujarat & Home guard Department of Gujarat	Shalby Hospital	Home guards were trained
I/23 AMA & Red cross society	/ Diwan Ballubhai School, Ahmedabad	937 school students trained for COLS
2/23 AMA & Red cross society	/ GNAN YAGNA GIRLS HIGH SCHOOL	75 school students trained for COLS
2/23 AMA & Red cross society	REPUBLIC HIGHSCHOOL	120 school students trained for COLS
2/23	AMA & Red cross society	

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MONTHLY NEWS BULLETIN

	SOCIAL WELFARE ACTIVITIES - OCT 2023 TO AUG 2024 CPR COLS TRAININGS				
Sr no	Date	Organizer	Place	Details	
21	28/12/23	AMA & Red cross society	GUJARAT SCHOOL NO 9	50 school students trained for COLS	
22	28/12/23	AMA & Red cross society	ANJUMAN ISLAM HIGH SCHOOL	150 school students trained for COLS	
23	28/12/23	AMA & Red cross society	VANITA VISHRAM SHALA	400 school students trained for COLS	
24	28/12/23	AMA & Red cross society	BARDOLPUR SHALA	400 school students trained for COLS	
25	01/01/24	AMA & Red cross society	SARASVATI VIDHYALAY	275 school students trained for COLS	
26	03/01/24	AMA & Red cross society	SHREEJI VIDHYALAY	400 school students trained for COLS	
27	04/01/24	AMA & Red cross society	GUJRATI SHALA NO : 2	360 school students trained for COLS	
28	06/01/24	AMA & Red cross society	NISHAN VIDHYALAYA	400 school students trained for COLS	
29	06/01/24	AMA & Red cross society	MANGALDEEP VIDHYALAYA	900 school students trained for COLS	
30	08/01/24	AMA & Red cross society	SARTHAK PRIMERY SCHOOL	100 school students trained for COLS	
31	09/01/24	AMA & Red cross society	SHIV VISHYALAY U M SCHOOL	174 school students trained for COLS	
32	09/01/24	AMA & Red cross society	C K KANYAVIDHYALAY	170 school students trained for COLS	
33	09/01/24	AMA & Red cross society	VISHVABHARTI SCHOOL	500 school students trained for COLS	
34	10/01/24	AMA & Red cross society	SHRI SWASTIK HIGH SCHOOL	70 school students trained for COLS	
35	10/01/24	AMA & Red cross society	NALANDA VIDHYALAY	400 school students trained for COLS	
36	10/01/24	AMA & Red cross society	NEW LITTLE FLOWER SCHOOL	250 school students trained for COLS	
37	10/01/24	AMA & Red cross society	VARAHI PRATHMIK SCHOOL	180 school students trained for COLS	
38	10/01/24	AMA & Red cross society	SWASTIK HIGHER SEC SCHOOL	75 school students trained for COLS	
39	11/01/24	AMA & Red cross society	K.S VIDHYALAY	110 school students trained for COLS	
40	11/01/24	AMA & Red cross society	DURGA VIDHYALAYA	200 school students trained for COLS	
41	12/01/24	AMA & Red cross society	TIRUPATI SCHOOL	250 school students trained for COLS	
42	12/01/24	AMA & Red cross society	GROW MORE SCHOOL	65 school students trained for COLS	
43	12/01/24	AMA & Red cross society	Hanshpura prathmik Shala	70 school students trained for COLS	

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MONTHLY NEWS BULLETIN

	SOCIAL WELFARE ACTIVITIES - OCT 2023 TO AUG 2024 CPR COLS TRAININGS			
Sr no	Date	Organizer	Place	Details
44	20/01/24	AMA & Red cross society	SHALIN SCHOOL	48 school students trained for COLS
45	20/01/24	AMA & Red cross society	SAGAR SCHOOL	42 school students trained for COLS
46	20/01/24	AMA & Red cross society	AADITYA INTERNATIONAL SCHOOL	58 school students trained for COLS
47	23/01/24	AMA & Red cross society	GAYTRI VIDHYALAY	40 school students trained for COLS
48	24/01/24	AMA & Red cross society	C C RAVAL SCHOOL	
49	24/01/24	AMA & Red cross society	C M THAKKAR SCHOOL	
50	24/01/24	AMA & Red cross society	LITTLE FLOWER SCHOOL	275 school students trained for COLS
51	24/01/24	AMA & Red cross society	LITTLE FLOWER ENGLISH MED SCHOOL	
52	25/01/24	AMA & Red cross society	NAVSARJAN SCHOOL	100 school students trained for COLS
53	25/01/24	AMA & Red cross society	ARVIND VIDHYALAY	75 school students trained for COLS
54	25/01/24	AMA & Red cross society	PANCHTIRTH SCHOOL	350 school students trained for COLS
55	25/01/24	AMA & Red cross society	SHANTI VIDHYALAY	35 school students trained for COLS
56	10/02/24 & 13/02/24	AMA & Red cross society	HIRAMANI HIGHER SECONDARY SCHOOL (362 +138)	500 school students trained for COLS
57	15/02/24	AMA & Red cross society	ANKUR HIGHER SECONDARY SCHOOL	413 school students trained for COLS
58	28/02/24	AMA & Red cross society	PRERNA SECONDARY SCHOOL	200 school students trained for COLS
59	08/01/24	AMA & Red cross society	PRAKASH HIGHER SECONDARY SCHOOL	196 school students trained for COLS
60	29/02/24	AMA & Red cross society	AXAY VIDHYALAY	480 school students trained for COLS
61	29/02/24	AMA & Red cross society	PRAGATI ENGLISH MEDIUM SCHOOL	800 school students trained for COLS
62	29/02/24	AMA & Red cross society	BALKRISHNAN VIDHYALAY	476 school students trained for COLS
63	22/02/24	AMA & Red cross society	VIJAYNAGAR SECONDARY SCHOOL	250 school students trained for COLS
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SOCIAL WELFARE ACTIVITIES - OCT 2023 TO AUG 2024 **BLOOD DONATION CAMPS**

0		DECOD DOMAIN		No. of unito
Sr no		Organizer	Place	No of units collected
1	01/10/23	AMA & Indian Red cross Society	Redcross Blood Bank, Paldi, Ahmedabad	137
2	24/10/23	AMA & Indian Red cross Society	Redcross shatabdi Bhavan, red cross marg, Navrangpura, Ahmedabad	60
3	29/10/23	AMA & Bodakdev Kadva Patidar Parivar, Indian redcross society	Kalgi flats, Opp. Atithi Dining Hall, Judges Bunglow road, Bodakdev, Ahmedabad	15
4	31/10/23	AMA & Bodakdev Kadva Patidar Parivar, Indian redcross society	Sardardham, Vaishnodevi Circle, Sardar Patel Ring Road, Ahmedabad	87
5	10/12/23	Ahmedabad Medical Association, Indian Red Cross Society, Ahmedabad, Mr. Jashwant Patel, Gandhinagar Municipal Committee Chairman	Community Hall, Opp. Mahakali Mandir, Bhat	44
6	17/12/23	Ahmedabad Medical Association, Indian Red Cross Society, Ahmedabad, Mr. Jashwant Patel, Gandhinagar Municipal Committee Chairman	Community Hall, Opp. Mahakali Mandir, Bhat	68
7	31/12/23	Ahmedabad Medical Association, Indian Red Cross Society, Ahmedabad, Mr. Jashwant Patel, Gandhinagar Municipal Committee Chairman	Community Hall, Opp. Mahakali Mandir, Bhat	24
8	14/06/24	AMA & Indian Red cross Society (World blood donor Day)	DEPARTMENT OF POSTS, INDIA	15
9	1		FORTUNE LANDMARK	32
10	1		UST-IN	7
11]		J L THAKORE BHAVAN	12
12			HCCBPL	20
13			BAPS YOGIJI MAHARAJ HOSPITAL	100
14			GCCI	43
15			SBI LIFE INSURANCE CO. LTD.	20
16			REGIONAL REFRENCE STANDARD LABORATORY MINISTRY OF COSUMER AFFAIRS FOOD AND PUBLIC DISTRIBUTION	16
17			PIRAMAL PHARMA SOLUTIONS- PLOT NO 19	42
18			THE KALUPUR COM CO OP BANK LTD NAVA NIKOL BRANCH	143
19			DEPARTMENT OF POSTS, INDIA	22
20			AZILEN TECHNOLOGY PVT. LTD.	53
21			THE KALUPUR COM CO OP BANK LTD-ISANPUR BRANCH	100
		Total		1060

SOCIAL WELFARE ACTIVITIES - OCT 2023 TO AUG 2024

Sr no	Date	Event name	Organizer	Venue & other Details
1	01/10/23	Celebration on the occasion of World Diabetes Day	Diabetes India	Hyatt Regency, Ahmedabad
2	02/10/23	Lectures on Geriatric care & Role of adult vaccination by the expert faculties for Senior citizens	AMA	Hiramani Old age Home with KD hospital
3	03/10/23	Health chechup for Senior citizens	AMA	Hiramani Old age Home with KD hospital
4	03/10/23	Lectures on Geriatric care & Role of adult vaccination by the expert faculties; Health checkup for Senior citizens	AMA	Redcross society, Vadaj
5	04/10/23	Lectures on Geriatric care & Role of adult vaccination by the expert faculties; Health checkup for Senior citizens	AMA	R.J Trivedi Swarnmandir trust with CIMS hospital
6	07/10/23	Press conference to release guidelines for Garba	AMA	AMA, Ashram Road
7	07/10/23	vaccination by the expert faculties; Health checkup for Senior citizens	AMA	balkrishna Haveli with Maninagar Medical Association
8	08/10/23	Mental wellbeing program in Sabarmati Jail - Female	AMA	Sabarmati Jail Female
9	08/10/23	Mental wellbeing program in Sabarmati Jail - male	AMA	Sabarmati Jail Male
10	09/11/23	Talk on Healthy Heart	AMA and Indian redcross society Gujarat state branch	GSC bank Auditorium, Naranpura, Ahmedabad; Experts: Dr. Tejas Patel, Dr Samir Dani, Dr Chirag Doshi
11	11/11/23	Doctors on call, Press conference for doctors on call services by AMA & AFPA members during Divali holidays	AMA and AFPA	AMA, Ashram Road
12	10/12/23	Organ donation awareness programme with ICAI	AMA & Ahmedabad Branch of WIRC of ICAI (Charted Account Association)	Guests: Shree Dilipbhai Deshmukh
13	30/01/24	COVID Martyrs day- Bhajan Sandhya	AMA, Gujarat Vidhyapith	AMA, Ashram Road; The families of Covid Martyrs doctors were felicited
14	03/02/24	Cancer awareness talk	AMA & GCRI, ZYDUS Hospital	
15	04/02/24	KD Marathon 2024: Paving the way for Organ Donation Awareness	AMA & KD Hospital	Sabarmati Riverfront
16	10/03/24	Glaucoma Awaremness Programme & free glaucoma check up camp	AMA, Glaucoma society of India	AMA, Ashram Road
17	11/03/24	Glaucoma Awaremness Programme	AMA, Glaucoma society of India	The Indian Red Cross Society building Vadaj, Ahmedabad
18	13/03/24	Glaucoma Awaremness Programme	AMA, Glaucoma society of India	Kailashdham Old Age Home, Pethapur, Gandhinagar
19	14/03/24	Glaucoma Awaremness Programme	AMA, Glaucoma society of India	Ambali Old Age Home, Bopal, Ahmedabad
20	18/03/24	Distribution of nutrion Kits to TB patients	AMA, AMC	Arogya Bhavan, AMC, Astodiya
21	14/04/24	Vaccination camp for senior citizens	AMA & AMA senior citizen club	AMA, Ashram Road
22	27/04/24	Voting Awareness Drive	AMA & Election commission of Ahmedabad	AMA, Ashram Road
23	23/05/24	Candle March to give homage to Divesh Garg	AMA	AMA, Ashram Road
24	4/8/2024	Tree Plantation Activity	AMA & Gandhinagar Municipal Corporation	Gandhinagar

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CULTURAL EVENTS - OCT 2023 TO AUG 2024

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Sr no	Date	Event name	Organizer	Place	Details
1	24/9/23	Installation ceremony	AMA	AMA, Ashram Road	Chief Guest: Shri Bhupendrabhai Patel (CM of Gujarat), Guest of honour: Shri Durgesh Buch (C.A) president Kamavati Club, Past president of Gujarat Chember of Commerce and Industry (GCCI); Installation officer: Dr Dhanesh A Patel Past president, IMA Gujarat
2	01/10/23	Movie show - 102 not out	AMA & Senior citizen club of AMA	AMA, Ashram Road	
3	7/10/23	Taal se Taal Mila- an audiovisualprogramme	Senior citizen club of AMA	AMA, Ashram Road	Anchor: Dr G.G Oza and review by Dr Ashok Patel
4	29/10/23	Ramzat 2023	AMA	Rajpath Club Lawn	Artist: Abhijit Rao, Payal Vakhariya; More than 3000 members along with their family members enjoyed
5	10/11/23	Dhanvantri poojan	AMA	AMA, Ashram Road	
6	26/11/23	Diwali Get-to- gather	AMA	AMA, Ashram Road	Standup comedy, Housie & dinner
7	01-12-23 to 10-12-23	Yoga Shibir	AMA & Ladies Club	AMA, Ashram Road	Conducted by Dr. Pushpa P. Multani
8	29/12/23	A year End Celebration- Dj Dance	AMA	Reform Club, Ashram road.	BY DJ MIYTH
9	06-01-24 & 07-01-24	Marengo CIMS Volleyball Tournament 2024	AMA, Marengo CIMS	Hiramani School, S G Highway	Guests: Shri Narhari Amin, Hon member of parliament, Rajyasabha Dr. Bharat Kakadia, President IMA Gujarat; more than 25 teams have been enrolled from all over Gujarat
10	07/01/24	Movie show - Dear Father	AMA & AMA senior citizen club	AMA, Ashram Road	
11	26/01/24	Republic day celebration	AMA, GMERS Sola	AMA, Ashram Road	Coordinated by Dr. Neena Bhalodiya & team ENT department, GMERS, Sola; Stage perfomance by cochlear implantees
12	08/03/24	International women's Day Celebration	AMA	AMA	Coordinated by Dr Mona Desai
13	31/03/24	Movie Show- Hurry Om Hurry	AMA & AMA senior citizen club	AMA, Ashram Road	
14	21/4/24	Musical programme	Ladies Club AMA	AMA, Ashram Road	
15	20-05-24 to 16-06-24	KAVISHA AMA Cup 2024 - Cricket tournament	AMA, Kavisha Group	M K farm, Ahmedabad	Coordinated by Dr Divyang Dalwadi & Dr Rutvij Parikh; 24 teams participated
16	2/6/24	Musical Night AMACON 2024	AMA	Mega lawn of Rajpath club, Ahmedabad	Artist: Kavya Limaye, Ashish Kulkarni; More than 2000 members enjoyed the event
17	01/07/24	Doctor's Day celebration	AMA	AMA, Ashram Road	30 senior doctors were feliciated; More than 250 enjoyed musical programme
18	13/7/24	Musical event "Karaoke Night"	AMA	AMA, Ashram Road	Songs by 32 AMA members
19	28/07/24	Movie Show - article 370	AMA & AMA senior citizen club	AMA, Ashram Road	
20	15-Aug	Independence Celebration with cancer awareness	AMA & HOC Vedanta	AMA, Ashram Road	Arranged in association with HOC Vedanta with theme of awareness against cancer

MONTHLY NEWS BULLETIN

OBITUARY

May their soul rest in eternal peace.



DR. RAJAL V. THAKER L-5033 GYNEE Date of Birth : 28-09-1965 Date of Death : 30-07-2024



DR. SHASHIKANT V. VANIKAR L-1280 M.D. PHY. Date of Birth : 16-09-1939 Date of Death : 07-04-2024



DR. MOTIRAM N. JAGWANI L-1821 PED. Date of Birth : 08-08-1947 Date of Death : 21-07-2024





DR. RAMESHCHANDRA B. SOLANKI L-1197 M.B.B.S. Date of Birth : 15-05-1945 Date of Death : 25-07-2024

DR. KUNDANKUMAR K. VARMA L-2935 M.B.B.S. Date of Birth : 15-08-1955 Date of Death : 20-06-2024

We send our sympathy & condolence to the bereaved family.

MONTHLY NEWS BULLETIN 🏽 🏵

AHMEDABAD MEDICO NEWS 27-08-2024

લેંકીઝ-ક્લબ

(यत्रा नार्यस्तु पूजयन्ते, रमान्ते तत्रा देवताः)

પ્રોગ્રામ નં. - ૧૫ ઃ ગુજરાતી સાહિત્ય દિન

તારીખ : ૨૯-૦૮-૨૦૨૪, ગુરૂવાર વિશ્વ ગુજરાતી દિવસ નિમિત્તે ગુજરાતી ગીત સાહિત્યનો જલસો કાર્ચક્રમનું આયોજન કરવામાં આવ્યું હતું. ત્યારે જાણીતાં વક્તા શ્રી નૈષધભાઈ પુરાણી એ વિશેષ સંવાદ કર્યો હતો. તે પ્રસંગે માતૃભાષા અભિચાનનાં કાર્ચવાહકો જોડાયા હતા અને પુસ્તક પરબ વિષે માહિતી આપી હતી.

કાર્ચક્રમનાં અંતે ગુજરાતી ગીતો, ગરબાનો કાર્ચક્રમ હતો અને સાથે એ.એમ.એ. સિનીચર સીટીઝન ક્બલનાં સભ્યો પણ જોડાયાં હતા, અંતે ચા-નાસ્તાનું પણ આયોજન કરવામાં આવ્યું હતું.

નોટીસ

મિત્રો,

આપણી એ.એમ.એ. લેડીઝ ક્લબ ની આગામી વર્ષ ૨૦૨૪-૨૦૨૫ માટેની કમિટી નીમવાનો સમય નજીક આવી રહ્યો છે. નવી કમિટી માટે ના પદ આ પ્રમાણે છે.

પ્રમુખ - ૧	ખજાનચી - ૧
ઉપ પ્રમુખ - ૨	સહ ખજાનચી - ૧
માનદ મંત્રી - ૧	કારોબારી સભ્યો - ૮
સહ મંત્રી - ૨	

આપ સૌને વિનંતી કે જેમને પણ નવી કમિટી મા રેહવામાં રસ હોચ તેઓ પદ પ્રમાણે ની અરજ઼ અમદાવાદ મેડિકલ એસોસિએશન પર આપવા વિનંતી.

અરજી આપવાની છેલ્લી તારીખ પમી સપ્ટેમ્બર-૨૦૨૪ છે.

ઈચ્છુક સભ્યો એ અરજી વહેલી તકે એ. એમ. એ. ઓફીસ પર આપી દેવી.

ડો. ક્ષમાબેન શાહ ^(પ્રમુખ) મો. ૯૩૨૭૦ ૬૬૬૪૦ **ડો. તુષાર પટેલ** ^(પ્રમખ, એ.એમ.એ.) **ડો. મનીષાબેન મહેતા** (સેક્રેટરી) મો. ૯૮૯૮૦ ૧૬૯૭૪

> **ડો. ઉર્વેશ શાહ** (સેક્રેટરી, એ.એમ.એ.)

MONTHLY NEWS BULLETIN

Women Are Managing Healthcare Better: A Closer Look at a Transformative Trend

By

Dr.Garima Savalia, CMA (Chief Medical Administrator),KD Hospital

In recent years, a quiet revolution has been unfolding in the healthcare industry. Women, once underrepresented in leadership roles within the sector, are now leading with vision, empathy, and innovation. This transformative trend is reshaping healthcare in profound ways, from patient care to policy-making, and it's setting new standards for the future of the industry. As women continue to rise to the forefront of healthcare management, the impact of their leadership is becoming increasingly apparent.

My Journey: From Lab to Leadership

Dr.Garima Savalia, CMA (Chief Medical Administrator),KD Hospital Reflecting on my own journey in healthcare, I never imagined that I would find myself at the helm of clinical services at a major hospital. After completing my MD in Microbiology from BJ Medical College, I initially saw my future in clinical microbiology. However, my passion for learning new things led me down an unexpected path. While working as a Consultant Microbiologist at the Asian Heart Institute in Mumbai, I became deeply involved in infection control practices and began exploring quality standards in healthcare.

Opportunities began to present themselves as I expanded my focus beyond the lab. I embraced every challenge, from accreditation processes(JCI,NABH,NABL,ISO) to developing best practices, which gradually shifted my role from laboratory work and clinical microbiology to a broader involvement in hospital management.

My pursuit of knowledge culminated in the opportunity to study at TISS, a significant milestone in my career. It wasn't an easy journey—I could have chosen a more straightforward path in the lab—but my zeal to learn and improve kept me pushing forward.

In 2019, I was offered the role of heading clinical services at KD Hospital. Over the past five years, the transformation we've witnessed at KD Hospital is a testament to the power of embracing new opportunities and the importance of women in leadership roles within healthcare.

On personal grounds, I am a mother of 2 small kids and simultaneously managing a very senior position. I am enjoying both of my parallel 24*7 jobs.

The Rising Influence of Women in Healthcare

Historically, healthcare has been a male-dominated field, particularly in leadership and decision-making roles. However, this trend has been steadily shifting, with women now making significant strides across various domains of healthcare. From clinical practice to healthcare administration, women are not just participating—they are leading the charge and reshaping the landscape of the industry.

One of the key areas where women are making a substantial impact is in patient care management. Women tend to excel in roles that require empathy, communication, and holistic care—qualities that are increasingly recognized as essential to effective healthcare. Their approach often involves a more comprehensive understanding of patient needs, addressing both the physical and emotional aspects of care. This holistic perspective leads to better patient experiences and outcomes, setting a new standard for patient-centered care.

Moreover, women are driving innovation in healthcare in ways that are both impactful and far-reaching.

My Perspective on the Shift

As someone who has witnessed and been a part of this shift, I believe that the growing influence of women in healthcare is a positive and necessary development. Women bring unique perspectives and skills that are crucial for addressing the complex challenges facing the healthcare system today. Their ability to manage care with a focus on both the technical and human aspects of health is invaluable. The shift also underscores the importance of diversity in leadership roles. When diverse perspectives are included in decision-making processes, the solutions tend to be more comprehensive and effective. Women's increasing presence in healthcare leadership is a step toward a more balanced and inclusive approach, which is essential for the advancement of the field.

In addition, women's involvement in healthcare management is changing the way policies are formed and implemented. Their leadership often emphasizes patient-centered care, preventive measures, and mental health—critical components of a wellrounded healthcare system. This holistic approach not only improves patient satisfaction but also contributes to overall public health, paving the way for a more sustainable and effective healthcare model.

Challenges and Opportunities

Despite the progress, challenges remain. Women in healthcare still face barriers such as gender bias, unequal pay, and limited access to leadership positions. These issues are not unique to healthcare but are pervasive across many industries. However, in a field where the stakes are so high—where decisions can mean the difference between life and death—it is particularly crucial that we address these disparities.

To overcome these challenges, a concerted effort is needed to create more equitable opportunities and support systems for women in healthcare. This includes mentorship programs, leadership training, and policies that promote work-life balance, making it easier for women to pursue and succeed in leadership roles. Additionally, there needs to be a cultural shift within organizations to recognize and value the contributions of women at all levels.

Inspiring the Next Generation of Female Healthcare Leaders

As I reflect on my journey, I am inspired by the thought of the next generation of women who will continue to transform healthcare. For those considering a career in healthcare management, my advice is simple: embrace every opportunity to learn and grow. The road may be challenging, but the rewards are worth it. Whether you start in the lab, like I did, or in another area of healthcare, the key is to remain curious and open to new experiences.

It's also important to build a network of mentors and supporters. Throughout my career, I have benefited from the guidance and encouragement of colleagues who believed in my potential. Surround yourself with people who will challenge and uplift you, and pay it forward by mentoring others as you progress in your career.

Finally, don't be afraid to take risks and step outside your comfort zone. The most significant growth often happens when we push ourselves to tackle new challenges. In healthcare, where the landscape is constantly evolving, being adaptable and willing to take on new roles is a valuable asset.

Conclusion: A Brighter Future for Healthcare

The increasing role of women in managing healthcare is a transformative development that is reshaping the industry for the better. Their contributions are enhancing patient care, driving innovation, and leading to more comprehensive and effective healthcare solutions. As we continue to recognize and support women's roles in healthcare, we can look forward to a more inclusive, empathetic, and efficient system that benefits everyone.

In Her Shoes:

Navigating Medical School as a Female Student

Ву

Dr. Khushbu Dabhi

Intern, GMERS medical college and hospital, Sola

It's 2024—a decade marked by breaking taboos, advancing equality,

healing from a global pandemic, and enduring economic upheavals,

all while keeping the flame of learning alive. For me, this year holds

special significance as it marks the culmination of my journey with the addition of "Dr." before my name. My experience in the medical field has been enlightening, and I'm excited to share my perspective as a female doctor.

I vividly remember June 2019, when, with tears of joy in my eyes, I told my parents that I had passed the medical entrance exam and was on my way to becoming a doctor. The day is still etched in my memory—seeing my father's tears of pride, my mother's constant gratitude, my brother's pride, and my family celebrating the first doctor in our lineage. That day, I made a vow to become the best version of myself—a doctor who is unbiased and meets the needs of our society.

However, now, five years later, I find myself questioning, "Does society truly need me?" The harsh realities of medical practice, including the alarming rates of medical student suicides, attacks on doctors, and even assaults on female doctors, weigh heavily on my heart. Each news headline that surfaces only deepens my family's concern for my safety.

Despite having supportive friends, colleagues, and staff who ensure my safety, it raises a troubling question: Why should women need such protection in the first place? Why is it that men don't face these same safety concerns? These issues impact female healthcare workers and aspiring doctors, affecting their sense of security and career aspirations.

In August 2019, our professor taught us the principle of "Do No Harm," which was initially understood as a directive for patient care. Today, I find myself questioning this principle in a broader context. A

MONTHLY NEWS BULLETIN

safe working environment should not be considered a privilege but a fundamental right. Women should not have to fight for basic safety or equality in their workplaces. It is disheartening to hear blame placed on women for not being accompanied by other females, being in certain places at specific times, or even working night shifts.

While these darker aspects are undeniably part of the story, I also want to highlight the positives. I am grateful that the fight for female literacy has diminished, with more empowered women becoming central figures in various fields, inspiring budding doctors like myself. The support and encouragement to pursue our passions and exercise our choices are something past generations lacked to a significant extent. I cherish the camaraderie among friends and the guidance of mentors who have motivated me to be a better version of myself. My mentor's encouragement to stay positive and strive for excellence resonates with the quote, "कर्मण्र्मयेवाधिकारस्ते मा फलेषु कदाचन" (You have the right to perform your prescribed duties, but you are not entitled to the fruits of your actions).

To all my fellow medical students: Understand that this struggle is not solely a female fight but a human one against challenging circumstances. Remember, you haven't come this far to face a setback.

Happiness can be found even in the darkest times if we remember to turn on the light. It may not be easy, but it is undoubtedly worth the effort. As a fraternity, we are privileged and deserving. Let's continue to work together to build a better society and renew faith in our journey and in the aspiring generations to come.

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Alteration in career pathways after 12th-So many good options available

By

Ms. Nishka Mehta, Pursuing Pharm.D

I am Nishka Mehta, currently pursuing Pharm.D course in my second year. I am a student at K.B.I.P.E.R. College, Gandhinagar. Back in 2019 I had decided I wanted to choose medicine as my career further in life. My father is a doctor so from childhood I had seen him work and I was always inspired to become like him right from the beginning. Being in a doctor's family, everybody would tell me that I would be a doctor and carry on my father's work. So at some point, I did have a goal to be a doctor one day but I think everyone's expectations around me also did influenced the decision of choosing B group in science stream after 10th standard. Although, my parents did warn and made me understand that I should not pursue medicine as a career, but I was adamant somehow and just went for it. So in 2021, I started my 11th in science stream and went to a dummy school and attended private tuition classes for physics, chemistry and biology. As I began my 11th classes and tests, I loved learning new things each and every day. But 8 months into it and it had become a monotonous life which had the same routine over and over. It had become very difficult for me to go through all that, sometimes I also thought of changing the stream, sometimes I broke into tears both in front of my parents and alone. But I just kept doing the same thing repeatedly and tried convincing myself to not to give up on this. I know some of us do feel the same, especially us the students. We just think of our parents, society and everybody around us and I did the same mistake. Even though my parents were very supportive and they suggested to me to just consider my own choices and don't get influenced by anybody's judgments, but I still did it thinking that maybe I will do better in 12th and I will score better marks. Then similarly my 12th standard started, I still continued my tuition classes and also joined the practical classes for all the subjects (PCB). Somehow, my marks were better than in the 11th but still I was very much lacking in all subjects. It's not that I was

bad at studies but I think preparation for the medical entrance exam was just not for me. Everyone in my classes were so competitive that whenever I got below average marks, I felt inferior from all of them and didn't want to talk with anyone because I used to think that they will judge and make me feel lesser than them. At some point of time, I was afraid of exams and talking about my test marks. But 2 months before NEET, I kind of did have an idea that I would not be able to clear it. I also thought that I should have studied for these 2 years and I would not be able to make my parents proud but time does not wait for anyone. There was the day of the competitive exam in May, I was anxious, nervous and had loads of anxiety that day but somehow I did give the exam and came back home with mixed emotions not even knowing that what result I would get. I enjoyed my vacations at home and the result day was after 2 months in July. As speculated, I didn't get the marks needed for getting the admission in medical college in Ahmedabad. I was shocked and very sad after getting the results. By the merit, I was not getting government seat but I did not want to get admission through the management quota anywhere. So I decided that this course is not for me and I should change career line. There were many options after giving the 12th board exam for me which I didn't even think of. For example : I could go into Ayurveda, dental, physiotherapy, nursing, pharmacy, homeopathy, biomedical research, microbiology, bachelor of science and so many more. I applied in dental course, physiotherapy course and we even went to NFSU (National forensic science university) for inquiring about the forensic science and cyber security courses. But due to some circumstances, I could not get admission in the university. I even went for biomedical research and genetics course inquiry but that was also not something I had my mind on. One day, my father told me about Pharm.D course which he got to know about from his friends which was very new and I knew nothing about it. So I searched about it, its future scopes, what can I expect from the course, its subjects and surprisingly I like it and I gave my father the green signal that I am interested in pursuing this integrated 6 years course. This course also has many job scopes in India and foreign,

countries too. We first went to L.M. College of pharmacy but to get admission there I would have to have given the GUJCET exam which I had not given. So then I went to K.B.I.P.E.R which is the first pharmacy college to have started Pharm.D course in Gujarat. We got to know about its details and scopes in the future. Then I filled the admission form and I got admission in august 2023 through the merit lists. I was very happy to have gotten admission in the college and I am very diligently studying here at present. I just want to convey the message to all the students in 11th and 12th that there are number of alternative career paths after 12th standard and nobody should be disheartened if things go the other way and just keep looking for other opportunities and I am sure that you will get the one which is for you. The alteration in career pathway was hard but was totally worth it and I am so thankful for my decision and my family.

Ms. Nishka is daughter of our colleague Dr. Ankur Mehta leading Pathologist in Ahmedabad. She did not give up when she did not get admission in medical instead she discussed with friends and guardians and took a intelligent decision for next career pathway.

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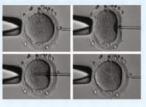












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Bowel Endometriosis management by colo-rectal resection: Laparoscopic surgical technique & outcome

Background and Objectives: Bowel Deep Infiltrating Endometriosis (DIE) management by colo-rectal resection is a complex procedure. The purpose of the present study is to delineate a meticulous approach to the assessment of the patient, step-wise surgical technique, pre, and post-operative care, and its short-term and long-term outcomes.

Methods: This is a single centre retrospective study done on patients of bowel DIE managed by colo-rectal resection between January 2019 to June 2021.

Results: There was a significant improvement in the symptomatology of patients post-surgery. Our surgical technique is feasible with acceptable short-term and long-term outcomes.

Conclusion: Bowel DIE management can be proficiently executed withproper diagnostic approach, appropriate surgical expertise with exhaustive pelvic anatomy knowledge especially concerning autonomic nerve plexus.

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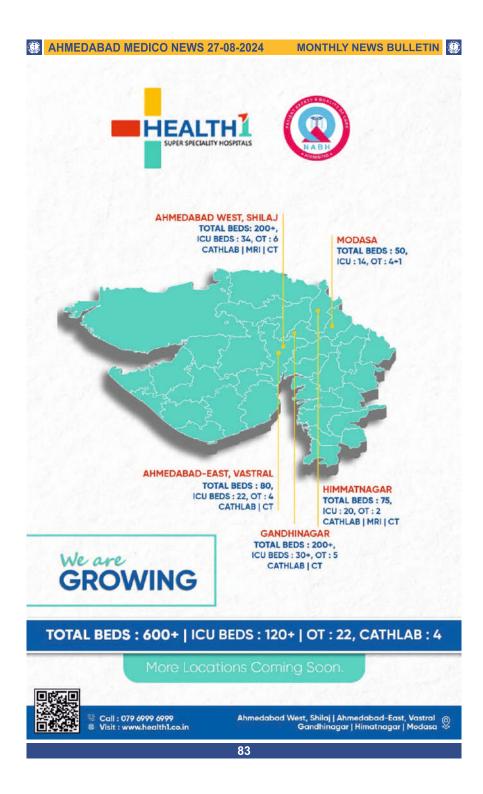
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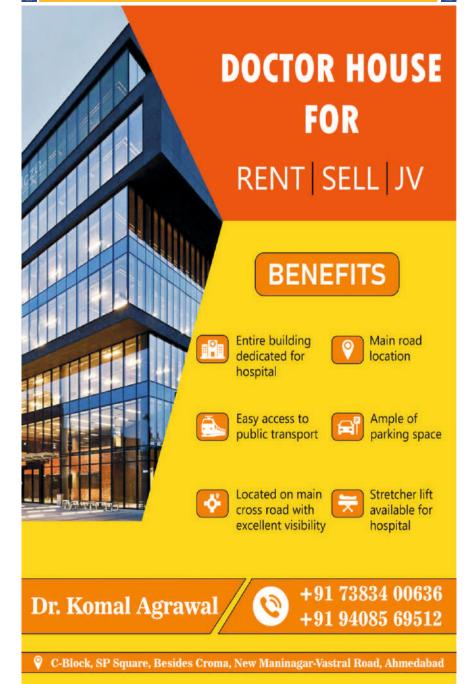
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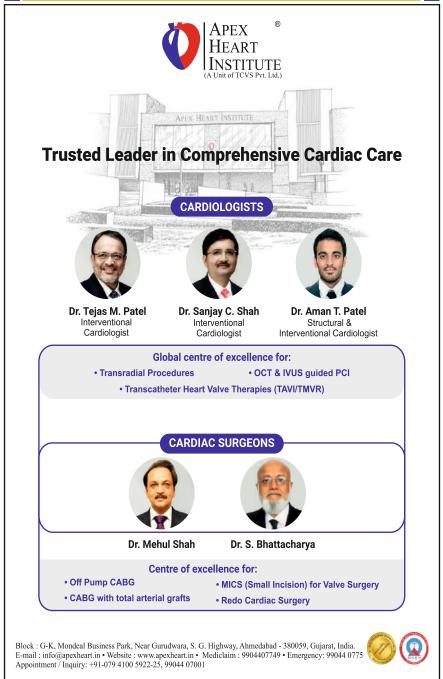
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